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ABSTRACT

The annotated bibliography presents approximately 200 citations of printed and 25 citations of audiovisual materials on nutrition and its relation to disabilities. Citations are organized alphabetically by author within the following topics: general, child care, home management, nutrition, mealtime skills and behavior, aids and devices, and cookbooks. Entries are further broken down for mental and physical disabilities for each of the first five topics. Citations include author, title, source, date, and a brief annotation. Two concluding sections list organizations in the United States and Canada and equipment suppliers. (CL)

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FOOD, NUTRITION AND THE DISABLED: AN ANNOTATED BIBLIOGRAPHY

compiled by

Alison Furse and Elyse Levine

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FOREWORD

In the Spring of 1980, the Nutrition Information Service, a section of the Ryerson Library, received a grant to produce three publications aimed at improving knowledge of, and access to, information on nutrition and related aspects of health care. This bibliography on Food, Nutrition and the Disabled is the first of these. The other two, soon to be published, are an Index of Free and Inexpensive Materials in Food and Nutrition Education and a Resource Kit on Food and Nutrition for the Disabled.

Alison Furse and Elyse Levine, both students in the Food Nutrition Consumer and Family Studies program at Ryerson prepared the bibliography under the direction of Donna MacDonald. Ms. MacDonald, also a student in the Food Nutrition Consumer and Family Studies Program, acted as the Project Supervisor for all three projects.

At the compietion of the Project the Health Promotion Directorate of Health and Welfare Canada, gave permission to the Nutrition Information Service to publish this bibliography.

The inclusion of items in this bibliography has been at the discretion of the compilers and does not necessarily reflect the official policy of Health and Welfare nor the Canada Employment and Immigration Commission.

ACKNOWLEDGEMENTS

We wish to express our appreciation to the people and institutions who contributed to the successful completion of this bibliography.

Initial thanks goes to the Health Promotion Directorate, Health and Welfare Canada, and to the Canada Employment and Immigration Commission for funding our project.

A special thanks is owed to those agencies, associations and individuals who responded with information for this resource listing.

Gratitude is extended to Mr. John North, Director, and the staff of the Learning Resources Centre.

Thanks to Margaret Alliston and Elaine Cuttiford of the Ryerson Computer Time Sharing Services for their guidance.

Finally we would like to thank Donna MacDonald our Project Supervisor and Lorraine Wilson, Librarian for the Nutrition Information Service, for their invaluable direction and assistance. Their enthusiasm and inspiration resulted in the establishment of the Nutrition Information Service and the initiation of this project.

INTRODUCTION

This bibliography was undertaken in support of the theme of the International Year of Disabled Persons (IYDP), 1981 "Full Participation and Equality." Its aim is to increase the awareness of, and access to, information available on feeding techniques and the concept of adequate nutritional status; both essential to an independent lifestyle. It is directed at assisting professionals and volunteers working with the disabled to understand the components of a nutritious diet, the feeding techniques associated with certain disabilities, and the necessity of, and methods for, educating the disabled person about proper nutrition.

The criteria for inclusion are based on our definition of disabled persons as those with physical or mental impairments which inhibit, or prevent, them from participating in normal activities specifically with respect to eating and the receipt of proper nourishment. This definition includes those whose disability makes it difficult for them to shop, prepare food and eat, and also those who suffer from a nutritional imbalance caused by their disability.

Despite this definition, several subject areas have been excluded. Prenatal preventative nutrition for the disabled was omitted due to the large size and specificity of this topic, and cardiovascular, gastrointestinal and renal diseases have been excluded because of the wide availability of diet manuals and related materials.

The inclusion of items has been selective and primarily chronological. With the exception of one item, all materials have been published since 1960 and those prior to 1970 are included only if it was felt that they accurately reflect current theory and practice. Included are books, booklets, periodical articles and audiovisual materials. Order information is provided for all items except periodical articles and well known commercial publishers.

Materials are organized into four parts. Part I lists the print material, Part II the audiovisual material, Part III the organizations in Canada and the United States which were contacted in the course of this project and Part IV is a selective list of suppliers of equipment for the disabled person.

METHODOLOGY

Materials listed in this bibliography were located through library and computerized data base searches and correspondence with agencies and professionals in the field.

1. The card catalogues of a number of local libraries were searched including those of the University of Toronto, the Metropolitan Toronto Library and Ryerson Polytechnical Institute.

2. Indexes and abstracts in the medical, nutrition, psychology and social science fields were manually searched back to the 1970's.

3. Computer data base searches were conducted using Medline (an on-line version of Medlars; Medical Literature Analysis and Retrieval System) which accesses the holdings of the National Library of Medicine in Bethesda Maryland) and Nutrition Abstracts and Reviews (an international abstracting service available through Lockheed's Dialog system in Palo Alto California) for 1978-1980. Few relevant items were retrieved (5 out of 11 hits from Medlars and 5 out of 20 from Nutrition Abstracts and Reviews).

4. Letters were sent to agencies, organizations, publishers and medical suppliers in both Canada and the United States with an emphasis on the former. This method yielded new booklets, brochures, equipment supply catalogues and information relating to the activities of agencies concerned with the disabled person.

Part I

ANNOTATED BIBLIOGRAPHY

A. GENERAL

Background material containing nutrition-related information

PHYSICAL DISABILITIES

American Foundation of the Blind. A STEP-BY-STEP GUIDE TO PERSONAL MANAGEMENT FOR BLIND PERSONS, 2nd ed. New York, 1974.

Detailed instruction on how to teach the blind person to carry out the basic methods of personal care, homemaking, childcare and social graces. $5.50
SOURCE: American Foundation of the Blind, 15 West 16th Street, New York, New York, 10011.

American Rehabilitation Foundation. SELF-CARE FOR THE HEMIPLEGIC. Minnesota, 1970.

This booklet gives well illustrated instruction on eating, personal hygiene, dressing, and the other areas of self-care. $2.50
SOURCE: Sister Kenny Institute, Chicago Avenue at 27th Street, Minneapolis, Minnesota, 55407.

AN OSTOMY IS FOR LIVING - AN AID FOR THE NEW OSTOMATE. Montreal: E.R. Squibb and Sons, [197-?].

This booklet answers many of the common questions a new ostomate has about diet, hygiene, clothing, sports, etc. Free
SOURCE: Toronto Colostomy Association, Box 24, Station A, Willowdale, Ontario, M2N 5S7.

Bauer, Helmut J. A MANUAL ON MULTIPLE SCLEROSIS. Toronto: Multiple Sclerosis Society, 1977.

A manual providing information about the practical problems encountered in the management of acute and chronic multiple sclerosis patients. Dietary proposals are discussed, as are treatments, rehabilitation, and other factors. $2.85
SOURCE: Multiple Sclerosis Society of Canada, 130 Bloor Street West, Toronto, Ontario, M5S 1N5.

Bruck, Lilly. ACCESS: THE GUIDE TO A BETTER LIFE FOR DISABLED AMERICANS. Toronto: Random House, 1977.

A consumer handbook covering many areas of concern to the handicapped. Of particular interest are the resources available for housing and special devices to assist in food preparation. Some of the information is relevant only in the United States. $16.95(hardcover), $7.50(paperback)

Eldridge, Pricilla B. CARING FOR THE DISABLED PATIENT: AN ILLUSTRATED GUIDE. Oradell, New Jersey: Medical Economics, 1978.

This book describes practical techniques that the nonprofessional can use in caring for disabled patients. Topics covered include eating, nutrition, positioning, exercise, transfers, daily living skills, and emotional needs. $7.95
SOURCE: Medical Economics Company Book Division, Box 554, Oradell, New Jersey, 07649.

Galbreaith, Patricia. WHAT YOU CAN DO FOR YOURSELF - HINTS FOR THE HANDICAPPED. New York: Drake, 1974.

This book contains information, ideas and methods on self-care, home-care, leisure activities, job opportunities, and other areas of concern for the handicapped. Gives ideas on how to make food preparation easier. Out of Print

Goble, R.E.A. and Nichols, P.J.R. REHABILITATION OF THE SEVERELY DISABLED: 1 - EVALUATION OF A DISABLED LIVING UNIT. London: Butterworth, 1971.

This book contains some statistical assessment on physically disabled patients requiring assistance for eating and drinking. A similar breakdown is used for housework, with much attention given to food preparation. Also of interest is a chapter on the Follow-Up Survey Procedure for the Household chapter. $3.50

*Goldenson, Robert M., ed. DISABILITY AND REHABILITATION HANDBOOK. Toronto: McGraw-Hill, 1978.

This book contains factual information on every major disabling disorder, and the rehabilitation process in all of its aspects: physical, psychological, social, and vocational. The diet for each specific disability is discussed, as well as general information on feeding and homemaking for all disabilities. Included is an extensive list of organizations, periodicals and sources of information. $36.95

Hale, Glorya, ed. THE SOURCE BOOK FOR THE DISABLED: AN ILLUSTRATED GUIDE TO EASIER AND MORE INDEPENDENT LIVING FOR PHYSICALLY DISABLED PEOPLE, THEIR FAMILIES AND FRIENDS. New York: Paddington House Press, 1979.

A comprehensive quide to the aids available for the physically disabled. Home living, personal care, transportation, leisure and childcare are covered. Includes a list of organizations, sources of information, equipment firms, etc. Out of Print

Hoppins, H.L., ed. OCCUPATIONAL THERAPY, 5th ed. Toronto: Lippincott, 1978.

A textbook containing much relevant information on feeding and self-sufficiency interspersed throughout the book. $35.50

Jay, Peggy E., et al. HELP YOURSELVES - A HANDBOOK FOR HEMIPLEGICS AND THEIR FAMILIES, 2nd ed. London: Butterworth, 1972.

This book gives suggestions for the one-handed person on how to cope with daily living. Topics include food preparation, mobility, dressing, and housework. Out of Print

Klinger, Judith Lannefeld. SELF-HELP MANUAL FOR ARTHRITIS PATIENTS. New York: Arthritis Foundation, 1974.

This booklet contains information on adjusting to the disability and illustrations of self-help aids, including the source and cost. Meal preparation and eating are included. $1.50
SOURCE: The Arthritis Foundation, 3400 Peachtree Road, N.E., Atlanta, Georgia, 3026.

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* This publication deals with both physical and mental disabilities.

Lifchez, Raymond and Winslow, Barbara DESIGN FOR INDEPENDENT LIVING: THE ENVIRONMENT AND PHYSICALLY DISABLED PEOPLE. New York: Whitney Library of Design, 1979.

This book examines the lives of seven handicapped people and the problems of independent living they encounter. Examples of specific environmental design problems and their solutions are illustrated, including kitchen adaptations and eating devices. $25.00
SOURCE: Whitney Library of Design, 1515 Broadway, New York, 10036.

Lombardi, Julius D. HANDY, HELPFUL HINTS FOR THE HANDICAPPED. Chicago: National Easter Seal Society, 1974.

The author, having suffered a stroke, shares his solutions to the many problems he encountered. Most are for activities of daily living, such as eating, dressing, and home management. Many of these innovative ideas are useful for hemiplegics. $0.25
SOURCE: National Easter Seal Society, 2023 West Ogden Avenue, Chicago, Illinois, 60612.

Lowry, Peter J., ed. NOTES FOR THE MS PATIENT. Toronto: Multiple Sclerosis Society, 1977.

This booklet is directed to the multiple sclerosis patient or to others who want information on this handicapping condition. Information given includes history and epidemiology of multiple sclerosis, research, rehabilitation, clothing, and common problems. Nutrition is covered briefly. $0.35
SOURCE: Multiple Sclerosis Society of Canada, 130 Bloor Street West, Toronto, Ontario, M5S 1N5.

National Cystic Fibrosis Research Foundation. GUIDE TO DIAGNOSIS AND MANAGEMENT OF CYSTIC FIBROSIS. Georgia, 1971.

This book contains a chapter on the treatment of digestive defects. Of interest is an appendix on helpful hints for low-fat diet watchers. Information is well organized with many charts, tables, and diagrams. No price available.
SOURCE: National Cystic Fibrosis Research Foundation, 3379 Peachtree Road, N.E., Atlanta, Georgia, 30326.

Nichols, Philip. LIVING WITH A HANDICAP. London: Priory Press, 1973.

This book gives information on eating, homemaking, kitchen adaptations, advice on personal care and more. Out of Print

Nichols, Philip. REHABILITATION OF THE SEVERELY DISABLED: 2 - MANAGEMENT. Toronto: Butterworth, 1971.

This book analyses some of the problems encountered by the physically disabled, and gives a practical approach to their rehabilitation. Much of the book is based upon actual case histories. Of interest is the appendix entitled, "Solving Eating and Drinking Problems", which discusses in chart form the feeding problems encountered and offers problem solving advice. Out of Print

Olkson, Sharon and Meredith, Diane K. WHEELCHAIR INTERIORS. Chicago: National Easter Seal Society, 1973.

A guide for the handicapped to help them make their home functional and liveable. Gives suggestion for room layout and measurements. Out of Print

PARKINSON'S DISEASE AND THE PATIENT - YOUR ROLE IN TREATMENT. Malton, Ontario: Merck, Sharp and Dome, [197-?].

Briefly discusses the symptoms, cause and treatment of Parkinson's disease. Some suggestions on diet and eating are given. Free
SOURCE: Parkinson Foundation of Canada, Manulife Center, Suite 232, 55 Bloor Street West, Toronto, Ontario, M4W 1A5.

Rudinger, Edith, ed. COPING WITH DISABLEMENT. London: Consumers' Association, 1974.

Common areas of difficulty for the disabled and elderly are covered in this book. Solutions offered include alternative methods of performing particular activities and the use of special aids. Tips on cooking and eating are included. $2.25
SOURCE: Consumers' Association, 14 Buckingham Street, London, England, WC2N 6DS.

Rusk, Howard A. REHABILITATION MEDICINE, 4th ed. St. Louis, Missouri: C.V. Mosby, 1977.

This reference book for physicians includes the principles and procedures of rehabilitation medicine. The principles of homemaking, including food preparation and kitchen adaptations, are included. The motions used in eating and the devices used to compensate for loss of movement are analyzed in chart form. $35.00

Russell, Marth Garrett and Banttari, Marlene, eds. DEVELOPING POTENTIALS FOR HANDICAPS. Minneapolis, Minnesota: Minnesota Home Economics Association, 1978.

This book, written primarily for home economists, seeks to categorize services and information resources for handicapped persons. Included is a section on foods as well as shelter, travel, parenting, and others. $5.75
SOURCE: Garrett Russell, 452 Upton Avenue South, Minneapolis, Minnesota, 55405.

Scheinberg, Labe C. HOW TO LIVE WITH MULTIPLE SCLEROSIS. Toronto: Multiple Sclerosis Society, 1978.

This article is directed towards the multiple sclerosis patient. Multiple sclerosis is defined and the possible causes, the symptoms and treatments are discussed. The material also deals with the role of diet and vitamins in multiple sclerosis. $0.05
SOURCE: Multiple Sclerosis Society of Canada, 130 Bloor Street West, Toronto, Ontario, M5S 1N5.

Sweet, Richard and McDowell, Fletcher. A MANUAL FOR PATIENTS WITH PARKINSON'S DISEASE. New York: Cornell University Medical College, [197-?].

A manual containing concise, relevant information on diet (emphasizing obesity and constipation as major problems), as well as clothing, hygiene, recreation, and other categories pertinent to patients with Parkinson's disease. $2.00
SOURCE: Parkinson Foundation of Canada, Manulife Center, Suite 232, 55 Bloor Street West, Toronto, Ontario, M4W 1A5.

Wanger, Arlene E., "Dinner in Darkness," THE EXCEPTIONAL PARENT, 5 (March/April 1975), 25-27.

Arlene Wanger, mother of a blind child, tells of her experience eating blindfolded. She reveals the feelings and frustrations she felt and discusses the new respect it gave her for her blind child.

Washam, Veronica. THE ONE-HANDER'S BOOK - A BASIC GUIDE TO ACTIVITIES OF DAILY LIVING. New York: Harper and Row, 1973.

This quide book gives step-by-step instructions for persons who have lost full or partial use of an arm or hand. Activities discussed in detail include food preparation, dining out, grooming, child care, and others. $10.00

A. GENERAL

Background material containing nutrition-related information

MENTAL DISABILITIES

Bender, Michael, and Valletutti, Peter J. TEACHING THE MODERATELY AND SEVERELY HANDICAPPED - CURRICULUM OBJECTIVES, STRATEGIES, AND ACTIVITIES, VOL. 1: BEHAVIOUR, SELF-CARE, AND MOTOR SKILLS. Baltimore: University Park Press, 1976.

This teaching text describes a complete curriculum for moderately and severely handicapped students. The curriculum objectives, teaching activities, diagnostic checklist, and the materials needed are outlined. Independent feeding, and ability to plan meals, purchase, store and prepare food are included. $14.95

Berendsen, W.C., et al. LIFE EXPERIENCE TRAINING: EDUCATION FOR LIVING CURRICULUM. Toronto: Ontario Association for the Mentally Retarded, 1978.

Teaching manual for people working with the mentally handicapped. Gives detailed instructions on how to use behaviour modification skills to teach many activities of daily living, including table manners and shopping. Also specifies nutritional requirements and gives ideas on reducing food costs. $7.00
SOURCE: Ontario Association for the Mentally Retarded, 1376 Bayview Avenue, Toronto, Ontario, M4G 3A3.

Fletcher, Donna N., "Adapting Home Economics Curriculum for Educable Mentally Retarded Students," JOURNAL OF HOME ECONOMICS, 72 (Spring 1980), 46-49.

This article discusses ways in which home economics teachers can adapt the regular home economics curriculum, methods and materials to meet the needs of the educable mentally retarded student.

Folson, Geneva S., et al. LIFE SKILLS FOR THE DEVELOPMENTALLY DISABLED: AN APPROACH TO ACCOUNTABILITY IN DEINSTITUTIONALISM, VOLUME III: MANUAL FOR TRAINING CLIENTS. Washington, D.C.: George Washington University, 1975.

A manual that describes techniques for training institutionalized clients for community living. Covers community skills (including eating in public), academic skills (such as budgeting and handling money), shopping skills, semi-independent skills(including food preparation), work habits and socialization skills. $7.35(hardcover), $0.83(microfiche)
SOURCE: The George Washington University, Division of Rehabilitation Medicine, 2300 Eye Street, N.W., Washington, D.C., 20037.

HOME ECONOMICS AND THE EXCEPTIONAL STUDENT: A HANDBOOK FOR HOME ECONOMICS TEACHERS WORKING WITH MENTALLY RETARDED STUDENTS. New Brunswick, New Jersey: The State University, 1976.

This booklet contains the proceedings of a workshop designed to assist home economics teachers in working with exceptional children, especially the mentally retarded. Workshops discuss characteristics of the mentally retarded, life-skill competencies and curriculum suggestions. $2.06(hardcover), $0.83(microfiche)
SOURCE: Curriculum Laboratory, Rutgers - The State University, Building 4103 - Kilmer Campus, New Brunswick, New Jersey, 08903

Home Economics Instructional Materials Center. VOCATIONAL EDUCATION FOR THE HANDICAPPED FOOD SERVICE GUIDE. Lubbock, Texas, 1980.

Although this quide is designed specifically for use in teaching the VEH food service program, it is also useful to teachers of handicapped students in other home economics programs. Topics covered are sanitation, safety, equipment, food production and storage, quantity cookery, and customer service. $12.50
SOURCE: Home Economics Instructional Materials Center, Texas Tech University, Box 4067, Lobbock, Texas, 79409.

Russell, Fay F., ed. IDENTIFICATION AND MANAGEMENT OF SELECTED DEVELOPMENTAL DISABILITIES: A GUIDE FOR NURSES. Bethesda, Maryland: U.S. Department of Health, Education and Welfare, 1975.

This booklet contains selected reports by health professionals representing several disciplines. Behaviour modification approaches to teach feeding to the mentally handicapped are included. Free
SOURCE: Program Services Branch, Bureau of Community Health Services, U.S. DHEW, 5600 Fishers Lane, Bethesda, Maryland, 20857

Spear, Shelagh, "A Cookery Book for Self-Catering Mentally Handicapped," JOURNAL OF HUMAN NUTRITION, 34 (February 1980), 54-57.

Dieticians in Southmead Health District of Bristol have designed a recipe folder for use by trainable mentally handicapped people. This article includes the weekly menu, and an example of an illustrated shopping list.

B. CHILDCARE

Care and management; advice to parents; teaching practical skills

PHYSICAL DISABILITIES

Blakeslee, Berton, ed. THE LIMB-DEFICIENT CHILD. Berkeley, California: University of California Press, 1963.

This book discusses essential orthopedic and pediatric considerations, as well as principals of prosthesis design and fitting for children. Physical and occupational therapy techniques are outlined. Feeding techniques are discussed and illustrated. $25.00
SOURCE: University of California Press, 2223 Fulton Street, Berkeley, California, 94720.

California. Department of Education and U.S. Department of Health, Education, and Welfare. LEARNING STEPS - A HANDBOOK FOR PERSONS WORKING WITH DEAF-BLIND CHILDREN IN RESIDENTIAL SETTINGS. California: Office of State Printing, 1976.

This handbook contains general information about deaf-blind children, specific activities for use in helping the children to learn new skills such as eating and dressing, and an alphabetical listing of signs. Free
SOURCE: U.S. Department of Health, Education and Welfare, 50 United Nations Plaza, San Francisco, California, 94102.

Cooke, Virginia. THE MANAGEMENT OF DUCHENNE MUSCULAR DYSTROPHY - A PARENTS' GUIDE. Toronto: Muscular Dystrophy Association, [197-?].

This pamphlet gives advice to parents who have a son affected by Duchenne dystrophy. The child's diet and emotional needs are included as well as advice for the parents themselves. Free
SOURCE: The Muscular Dystrophy Association of Canada, 74 Victoria Street, Suite 1014, Toronto, Ontario, M5C 2A5.

Drouillard, Richard and Raynor, Sherry. MOVE IT!!!: A GUIDE FOR HELPING VISUALLY HANDICAPPED CHILDREN GROW. Michigan: Ingham Intermediate School District, 1977.

Directed to parents of visually handicapped children, this booklet gives suggestions on how to develop their other senses and their curiosity. Written in an informal, humorous manner, it has some content on psychological needs for food preparation and table manners. $2.50
SOURCE; AAHPERD Publications and Sales, 1201 16th Street N.W., Washington, D.C., 20036.

Finne, Nancie R. HANDLING THE YOUNG CEREBRAL PALSIED CHILD AT HOME, 2nd ed. London: William Heinemann Medical Books, 1974.

A thorough study of home treatment for the parent of a cerebral palsied child. All aspects of home care, as well as the psychological adjustments are covered. Well illustrated. Organized into four major areas: school, home, location of services and resources available, and legal assistance. $13.95

Georgiade, Nicholas G., et al. THE CHILD WITH CLEFT LIP OR PALATE: A GUIDE FOR PARENTS. New York: National Foundation March of Dimes, [197-?].

Written to answer many questions parents may ask about their child with a cleft lip and/or palate, including the cause of clefts, treatment of the cleft, and many of the problems encountered. Feeding problems are addressed. Free
SOURCE: The National Foundation March of Dimes, Box 2000, White Plains, New York, 10602.

Grady, Edith. BREAST FEEDING THE BABY WITH A CLEFT OF THE SOFT PALATE. Illinois: La Leche League International, 1980.

Edith Grady tells of her experiences when nursing her baby with a cleft palate. This article contains many facts about breastfeeding a cleft lip/palate baby. $0.25
SOURCE: La Leche League International, Inc., 9616 Minneapolis Avenue, Franklin Park, Illinois, 60131.

H.K. Cooper Institute for Oral-Facial Anomalies and Communicative Disorders. TEAM MANAGEMENT FOR THE CLEFT LIP AND CLEFT PALATE PATIENT. Lancaster, Pennsylvania, 1976.

This booklet outlines the roles of the team of specialists required in care and management of the cleft lip and cleft palate patient. Diet and feeding methods are described. Free.
SOURCE: The H.K. Copper Institute for Oral-Facial Anomalies and Communicative Disorders, Lancaster Cleft Palate Clinic, 24 North Line Street, Lancaster, Pennsylvania, 17602.

Hart, Verna, ed. BEGINNING WITH THE HANDICAPPED. Springfield, Illinois: Charles C. Thomas, 1978.

This book describes activities to teach handicapped children self-care skills, including feeding, motor training, adaptive behaviour and language development. $8.75

Hospital for Sick Children. ADVICE TO PARENTS OF CLEFT LIP AND CLEFT PALATE CHILDREN. Toronto, [197-?].

A booklet designed to inform the parent of some of the problems that will be encountered, and surgical procedures available. Early care and feeding problems are addressed. Free
SOURCE: The Hospital for Sick Children, 555 University Avenue, Toronto, Ontario, M5G 1X8

Michigan. Department of Public Health. Bureau of Maternal and Child Health. A GUIDE TO NURSING CARE OF INFANTS AND CHILDREN FROM BIRTH TO AGE TWO WITH ORAL CLEFTS. Michigan, 1970.

This quide identifies the contributions a nursing service can offer to the family of an oral-cleft infant or child. The section on nutrition deals with the objectives of the service, common problems encountered, the nursing action needed, and the expected outcome. Recommended foods and a meal plan are included. Free
SOURCE: Department of Public Health, Baker-Olin North Building, 3500 North Logan Street, P.O. Box 30035, Lansing, Michigan, 48909.

Montreal Children's Hospital, Cleft Palate Unit. CARE OF THE CHILD WITH CLEFT LIP AND PALATE. Montreal, [197-?].

This booklet describes the program offered by the Cleft Lip and Palate Unit of the hospital. Included is practical information on feeding, and control of dental decay through diet. Orthodontic care, hearing, and personal hygiene are also discussed. Free
SOURCE: The Montreal Children's Hospital, 2300 Tupper Street, Montreal, Quebec, H3H 1P3.

Muscular Dystrophy Association. AROUND THE CLOCK AIDS FOR THE CHILD WITH MUSCULAR DYSTROPHY. New York, [197-?].

This booklet suggests aids and techniques that can be used by the parents of a child with muscular dystrophy. All areas of daily living are covered, including the adaptation of eating utensils. Free
SOURCE: Muscular Dystrophy Association, 810 7th Avenue, New York, New York, 10019.

*Ontario Federation for the Cerebral Palsied. CARE FOR THE SPECIAL PEOPLE - CEREBRAL PALSY, AUTISM, EHLEPSY, MENTAL RETARDATION. Ontario, [197-?].

This booklet gives a brief description of each of the handicaps covered, and a checklist of things to know if one is caring for a handicapped child. The information is directed to parents and babysitters. Free
Source: The Ontario Federation for the Cerebral Palsied, P.O. Box 330, Markham, Ontario, L3P 3J8.

*Potter, Patricia and Harryman, Susan, "Physical and Occupational Therapy for the Handicapped Child," PEDIATRIC CLINICS OF NORTH AMERICA, 20 (February 1973), 159-176.

Discusses the importance of the training of handicapped children from infancy by occupational and physical therapists. A section on feeding stresses techniques for minimizing tongue thrust in cerebral palsied infants. The introduction of solid foods at 6 to 12 months is also discussed. Other topics covered include general management of a handicapped infant, development of motor skills, and perceptual-cognitive development.

* This publication deals with both physical and mental disabilities.

Russell, Philippa. THE WHEELCHAIR CHILD. London: Souvenir Press, 1978.

A handbook containing basic information on handicapping conditions, services available for handicapped children, and practical advice on aids, appliances and home adaptations. It also deals with the developmental and emotional problems attached to the disability. $14.50
SOURCE: John Wiley and Sons Canada , 22 Worchester Road, Rexdale, Ontario, M9W 1L1.

Scherzer, Alfred L., "Early Diagnosis, Management, and Treatment of Cerebral Palsy," REHABILITATION LITERATURE, 35 (July 1974), 194-199.

An informative article that explains difficulties in management and learning caused by cerebral palsy. Feeding information is included. Describes some management and treatment programs.

*Spock, Benjamin, and Lerrigo, Marion O. CARING FOR YOUR DISABLED CHILD. New York: MacMillan, 1965.

This book for parents of disabled children discusses medical care, education, social development, tools for daily living and the child's future. Self-help in eating and drinking are covered. Out of print.

Wicka, M.A. and Falk, Mervyn C. ADVICE TO PARENTS OF A CLEFT LIP CHILD. Springfield, Illinois: Charles C. Thomas, 1970.

This booklet addresses many factors of the cleft palate including speech characteristics, dental management, and speech and language development. Chapter 3 relates feeding management and its implications for speech development. $2.50

York-Moore, Rosemary, "Management of the Physically Handicapped Child - Part 1: The Floppy Child," APEX, 5 (March 1978), 14-15.

Suggested methods of handling and positioning the floppy child are given in layman's language. Pictures illustrate correct and incorrect methods. Feeding suggestions are included.

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* This publication deals with both physical and mental disabilities.

York-Moore, Rosemary, "Management of the Physically Handicapped Child - Part 2: The Spastic Child - Guidelines to Handling," APEX, 6 (June 1978), 16-17.

Suggested methods of handling and positioning the spastic child are given in layman's language. Pictures illustrate correct and incorrect methods. Feeding suggestions are included.

York-Moore, Rosemary, "Management of the Physically Handicapped Child - Part 3: The Athetoid Child - Guidelines to Handling," APEX, 6 (September 1978), 16-17.

Suggested methods of handling and positioning the athetoid child are given in layman's language. Pictures illustrate correct and incorrect methods. Feeding suggestions are included.

B. CHILDCARE

Care and management; advice to parents; teaching practical skills

MENTAL DISABILITIES

Baker, Bruce L., et al. EARLY SELF-HELP SKILLS. Champaign, Illinois: Research Press, 1976.

One in a series of training manuals for parents of mentally retarded children. The programs in this manual include self-help readiness skills, basic motor skills and the activities of eating, dressing, and grooming. $8.40
SOURCE: Research Press Company, Box 3177, Champaign, Illinois, 61820.

Baker, Bruce L., et al. INTERMEDIATE SELF-HELP SKILLS. Champaign, Illinois: Research Press, 1976.

One in a series of training manuals for parents of mentally retarded children. The programs in this manual include eating, dressing, grooming, and housekeeping. $8.40
SOURCE: Research Press Company, Box 3177, Champaign, Illinois, 61820.

Baker, Bruce L., et al. ADVANCED SELF-HELP SKILLS. Champaign, Illinois: Research Press, 1976.

One in a series of training manuals for parents of mentally retarded children. The advanced programs in this manual include eating, dressing, grooming and housekeeping. $8.40
SOURCE; Research Press Company, Box 3177, Champaign, Illinois, 61820.

Berko, Frances G., et al. MANAGEMENT OF BRAIN DAMAGED CHILDREN. Springfield, Illinois: Charles C. Thomas, 1970.

This book contains practical quidance for parents and professionals caring for and training the brain-injured child. Home management of feeding and table manners are covered. $8.25

Blumenfeld, Jane, et al. HELP THEM GROW! A PICTORIAL HANDBOOK FOR PARENTS OF HANDICAPPED CHILDREN. Nashville, Tennessee: Abingdon Press, 1971.

This handbook gives suggestions to parents of retarded children on teaching basic skills to their child at home. Areas covered include self-help skills such as feeding and dressing, social skills, and communication skills. $2.75
SOURCE: Abingdon Press, 201 8th Avenue South, Nashville, Tennessee, 37202.

Canada. Department of National Health and Welfare. LIKE OTHER CHILDREN - A GUIDE FOR PARENTS OF THE MENTALLY RETARDED. Ottawa: Queen's Printer, [1977?].

A practical guide for parents of retarded children. Suggestions are given on ways parents can teach their children basic skills such as eating, and how to handle the special problems they will encounter. $1.00
SOURCE: Supply and Services Canada, Publishing Centre, Ottawa, Ontario, K1A 0S9

Canada. Department of National Health and Welfare. Social Service Programs Branch. DAYCARE: CHILDREN WITH SPECIAL NEEDS. Ottawa: Queens' Printer, [1978?].

This kit contains several fact sheets on exceptional children in daycare. One fact sheet, "Nutrition in a Special Needs Kindergarten", stresses the importance of a nutrition program for trainable mentally retarded children. Free
SOURCE: National Day Care Information Centre, Social Service Programs Branch, Health and Welfare Canada, Brooke Claxton Building, Ottawa, Ontario, K1A 1B5

Canadian Association for the Mentally Retarded. DAY BY DAY WITH THE RETARDED CHILD. Ontario, [197-?].

This pamphlet gives suggestions to the parents of retarded children on how to care for and train their child. Topics include: mealtime and toilet training, discipline, and speech training. $0.10
SOURCE: Canadian Association for the Mentally Retarded, Kinsmen NIMR Building, York University Campus, 4700 Keele Street, Downsview, Ontario, M3J 1B3.

Cunningham, C. and Sloper, P. HELPING YOUR HANDICAPPED BABY. London: Souvenir Press, 1978.

This book provides a step-by-step method of teaching children how to eat with a spoon. This method may be used for acquiring other self-sufficiency skills. $2.95
SOURCE: John Wiley and Sons Canada Limited, 22 Worchester Road, Rexdale, Ontario.

Delacato, Carl H. THE ULTIMATE STRANGER - THE AUTISTIC CHILD. Garden City, New York: Doubleday, 1974.

This book is about Dr. Delacato's theory for treating autistic children and how to put this theory into practice. Specific techniques that parents can use to help their child are given. Diet therapy and feeding problems of autistic children are included. $6.95

Donlon, Edward T. and Burton, Louise F. THE SEVERELY AND PROFOUNDLY HANDICAPPED - A PRACTICAL APPROACH TO TEACHING. New York: Grune and Stratton, 1976.

This book presents quidelines for a program to assist in the development of the severely and profoundly handicapped child. Included are self-care skills, such as eating, communication, socialization, behaviour, and family concerns. $24.40
SOURCE: Grune and Stratton, c/o Academic Press, 111 Fifth Avenue, 12th Floor, New York, New York, 10003.

*Doyle, Phyllis B., et al. HELPING THE SEVERELY HANDICAPPED CHILD: A GUIDE FOR PARENTS AND TEACHERS. New York: Thomas Y. Crowell, 1979.

Public school training programs for severely handicapped children are described in this book, as well as training programs for the child at home. Also covered are self-feeding methods for the handicapped child. $14.25
SOURCE: Thomas Y. Crowell, Publishers, 103 53rd Street, New York, New York, 10022.

Elias, Lois, "Nursing a Baby with Down's Syndrome," THE EXCEPTIONAL PARENT, 7 (June 1977), 27.

Lois Elias tells of her experiences, difficulties and techniques used when nursing her baby with Down's Syndrome.

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* This publication deals with both physical and mental disabilities.

Gibson, David, and Brown, Roy I., eds. THE SEVERELY RETARDED - A SAMPLER. Springfield, Illinois: Charles C. Thomas, 1976.

A collection of articles on approaches to the training and managing of the profoundly and severely retarded. This book covers feeding, as well as self-care, communication skills and group programming. $29.00

Kirk, Samuel Alexander, et al. YOU AND YOUR RETARDED CHILD - A MANUAL FOR PARENTS OF RETARDED CHILDREN, 2nd ed. Palo Alto, California: Pacific Books, 1968.

A practical quidebook with detailed suggestions for managing a retarded child. Teaching of eating skills is covered, as well as descriptions of levels of retardation and emotional needs of the child. $6.95(hardcover), $3.95(paperback)
SOURCE: Pacific Books, Publishers, P.O. Box 558, Palo Alto, California, 94302.

Pueschel, Siegfried M., ed. DOWN'S SYNDROME - GROWING AND LEARNING. Mission, Kansas: Sheed Andrews and McMeel, 1978.

This book provides guidance for those caring for the child with Down's Syndrome. The physical, social, mental and emotional development is covered, with a chapter devoted to feeding. $8.95(hardcover), $4.95(paperback)
SOURCE: Sheed Andrews and McMeel, Inc., Subsidiary of Universal Press Syndicate, 6700 Squibb Road, Mission, Kansas, 66202.

Rogovin, Anne. LEARNING BY DOING - AN ILLUSTRATED HANDBOOK FOR PARENTS AND TEACHERS OF CHILDREN WHO LEARN SLOWLY. Johnstown, Pennsylvania: Mafex Associates, 1971.

This book covers a large range of activities,for daily living. Of particular interest is the chapter on home economics, which contains suggestions on teaching shopping and food preparation skills, as well as table etiquette. Many photographs and diagrams illustrate the methods used. $3.25
SOURCE: Ontario Association for the Mentally Retarded, 1376 Bayview Avenue, Toronto, Ontario, M4G 3A3.

Ruthanna, Penny. PRACTICAL CARE OF THE MENTALLY RETARDED AND MENTALLY ILL. Springfield, Illinois: Charles C. Thomas, 1966.

Contained in this book are helpful hints to facilitate easier feeding of children. It also deals with eating problems such as anorexia and regurgitation. It suggests foods to include and different types of diets. Out of Print

Virginia. Department of Health. A HELPFUL GUIDE IN THE TRAINING OF A MENTALLY RETARDED CHILD. Richmond, Virginia: Government Printing Office, 1971.

This booklet gives general rules and suggestions in specific areas for training the mentally retarded child. Feeding and diet are included. Developmental expectations based on mental age are outlined. $0.50
SOURCE: Canadian Association for the Mentally Retarded, Kinsmen NIMR Building, York University Campus, 4700 Keele Street, Downsview, Ontario, M3J 1P3.

Wing, Lorna. AUTISTIC CHILDREN - A GUIDE FOR PARENTS AND PROFESSIONALS. New York: Brunner/Mazel, 1972.

This book is divided into two major parts: Part I gives a description of the autistic child, and reviews the behavioural and emotional problems encountered; Part II deals with the education and management of autistic children, including feeding problems. $8.95
SOURCE: Brunner/Mazel Inc., 64 University Place, New York, New York, 10003.

Woods, Grace E. THE HANDICAPPED CHILD: ASSESSMENT AND MANAGEMENT. Oxford: Blackwell Scientific Publications, 1975.

This book covers the feeding of multihandicapped children. It surveys the clinical conditions found in children who are educationally subnormal. $7.25
SOURCE: Blackwell Scientific Publication Limited, Osney Mead, Oxford, England, OX2 0EL.

C. HOME MANAGEMENT

Food preparation; household activities; adaptive housing; adapting home economics curriculum

PHYSICAL DISABILITIES

Amary, Issam B. EFFECTIVE MEAL PLANNING AND FOOD PREPARATION FOR THE MENTALLY RETARDED/DEVELOPMENTALLY DISABLED - COMPREHENSIVE AND INNOVATIVE TEACHING METHODS. Springfield, Illinois: Charles C. Thomas, 1979.

This book provides the basic principles of meal planning and the preparation of nutritional meals to the mentally disabled student. The language used is at the fourth and fifth grade level. It also contains over 100 recipes designed for the mentally disabled. $21.50

American Rehabilitation Foundation. HOMEMAKING AIDS FOR THE DISABLED. Minneapolis, Minnesota, 1967.

Devices and suggestions that are helpful to the disabled homemaker are explained. Food preparation, dishwashing, and other household activities are included. Detailed illustrations are given. Out of Print
SOURCE: Sister Kenny Institute, Chicago Avenue at 27th Street, Minneapolis, Minnesota, 55407.

Beppler, M.C., "The Disabled Homemaker: Organizational Activities, Family Participation, and Rehabilitation Success," REHABILITATION LITERATURE, 35 (July 1974), 200-206.

A follow-up study conducted at Harmarville Rehabilitation Center, Pittsburgh, Pennsylvania, of former patients. It attempted to determine how much housework is achieved by other members of the family. Provides recommendations emphasizing the organizational and managerial aspects of homemaking.

Foott, Syndey, ed. THE DISABLED SCHOOLCHILD AND KITCHEN SENSE. London: Heinemann Health Books, 1976.

Intended for those involved with teaching physically disabled schoolchildren, this book covers planning and organization in teaching, design of the home economics room, and choice of equipment. $6.25
SOURCE: The Book Society of Canada Limited, 4386 Sheppard Avenue East, P.O. Box 200, Agincourt, Ontario.

Foott, Sydney, et al., eds. KITCHEN SENSE FOR DISABLED PEOPLE OF ALL AGES. London: William Heinemann Medical Books, 1977.

A handbook intended for the disabled housewife with information on kitchen aids, diet, food preparation, recipes and shopping. $6.25
SOURCE: The Book Society of Canada Limited, 4386 Sheppard Avenue East, P.O. Box 200, Agincourt, Ontario.

Fritchie, Lillian. A STEP BY STEP GUIDE TO FOOD PREPARATION FOR BLIND PERSONS. Reno, Nevada: University of Nevada, 1976.

This quide is equally useful to the blind person, his family, and the instructor. Detailed instructions for food preparation and eating techniques are given. Basic nutrition, safety hints and the importance of good organization are also covered. Some recipes are included. $0.25
SOURCE: Extension Service, U.S. Department of Agriculture, University of Nevada, Reno, Nevada, 89507.

Gilbert, Arlene E. YOU CAN DO IT FROM A WHEELCHAIR. New Rochelle, New York: Arlington House, 1973.

Provides information on how to prepare meals, clean a house, care for children, and carry on with other household activities, from a wheelchair. $6.95

HELPFUL HINTS FOR THE HOMEMAKER WITH ARTHRITIS. Quebec: Charles E. Frosst and Company, [1978?].

This booklet directed to the homemaker with arthritis applies work simplification principles to the activites of daily living, such as food preparation, dressing and cleaning. Work simplification techniques and aids are suggested. Free
SOURCE: Charles E. Frosst and Company, P.O. Box 1005, Point-Claire-Dorval, Quebec, H9R 4P8.

Hodgeman, Karen and Warpeha, Eleanor. ADAPTATIONS AND TECHNIQUES FOR THE DIABLED HOMEMAKER. Minneapolis, Minnesota: Sister Kenny Institute, 1973.

This booklet gives information and techniques for carrying out daily household activities. Food preparation, adaptation of work and storage areas, and use of the sink and stove are included. Various techniques and devices are illustrated. $4.90
SOURCE: Sister Kenny Institute, Chicago Avenue at 27th Street, Minneapolis, Minnesota, 55407.

Illinois. Department of Children and Family Services. HOMEMAKING MANUAL: A REFERENCE MANUAL FOR REHABILITATION TEACHERS. Kalamazoo, Michigan: Western Kalamazoo, Michigan University, 1977.

This manual provides techniques to better facilitate food preparation by blind persons. It includes suggestions for projects. Aids and appliances are listed at the back. $2.00
SOURCE: The College of Health and Human Services, Department of Blind Rehabilitation, Western Michigan University, Kalamazoo, Michigan, 49008.

IT ISN'T ALWAYS EASY...BUT IT'S POSSIBLE. Englewood Cliffs, New Jersey: Thomas J. Lipton, 1976.

This booklet describes methods of teaching food preparation skills to blind people. Contains diagrams which are helpful. $2.00
SOURCE: The Lipton Kitchens, 800 Sylvan Avenue, Englewood Cliffs, New Jersey, 07632.

Jones, Alpha H. and Schwab, Lois O., "Rehabilitation for Homemakers with Cardiovascular Involements: Changes in Attitudes and Ability," HOME ECONOMICS RESEARCH JOURNAL, 1 (December 1972), 114-118.

A study carried out to determine the effects of a homemaking rehabilitation program for women with cardiovascular involvements. The study found the program was useful in teaching the disabled homemaker to adapt.

Laurie, Gini. HOUSING AND HOME SERVICES FOR THE DISABLED - GUIDELINES AND EXPERIENCES IN INDEPENDENT LIVING. New York: Harper and Row, 1977.

This book includes summaries of legislation and housing projects and services for the disabled. The disabled themselves describe the adaptions they have made. In one chapter, the disabled describe their kitchens, cooking methods, equipment and aids. $31.25

Luxford, N.S., "Design in Housing for the Aged: Some Implications," CANADIAN HOME ECONOMICS JOURNAL, 30 (Spring 1980), 93-97.

Describes several implications which should be considered to aid in providing independent, active living. It provides details on kitchen equipment. Social problems in relation to housing are also addressed.

May, Elizabeth Eckhardt, et al. HOMEMAKING FOR THE HANDICAPPED. New York: Dodd, Mead and Company, 1966.

A resource book with pictures of persons with physical limitations engaged in homemaking activities. Devices and techniques are shown for men, women, and children. Out of Print

May, Elizabeth Eckhardt, et al. INDEPENDENT LIVING FOR THE HANDICAPPED AND THE ELDERLY. Boston: Houghton Mifflin, 1974.

This book demonstrates ways in which work simplification principles used by management experts in industry may be applied to the handicapped or elderly person at home. All areas of home management are covered. $20.15

Rusk, Howard A., et al. A MANUAL FOR TRAINING THE DISABLED HOMEMAKER. New York: New York University Medical Center, 1973.

This manual contains a variety of information for instructors whose responsibility it is to set up a program. Chapter I deals with considerations in organization. Chapter II describes several conditions from which disabilities arise. Chapters III, IV and V provide information on how to teach certain skills, with emphasis on food preparation. $3.50
SOURCE: The Institute of Rehabilitation Medicine, New York University Medical Center, 400 East 34th Street, New York, New York, 10016.

Schwab, Lois O., "The Home Economist in Rehabilitation," REHABILITATION LITERATURE, 29 (May 1968), 130-135, 138.

The role of the home economist in the rehabilitation of the homemaker is discussed. Problems the handicapped homemaker faces are also included.

McCullough, Helen E. and Farnham, Mary B. KITCHENS FOR WOMEN IN WHEELCHAIRS. Champaign, Illinois: University of Illinois, [197-?].

This booklet illustrates by photographs and workdrawings, specially designed work and storage units. Suggestions for adapting commercial cabinets for use by people in wheelchairs are also given. $1.15
SOURCE: Small Homes Council - Building Research Council, University of Illinois at Urbana - Champaign, One East Saint Mary's Road, Champaign, Illinois, 61820.

U.S. Department of Housing and Urban Development. MOBILE HOMES: ALTERNATIVE HOUSING FOR THE HANDICAPPED. Washington, D.C.: U.S. Government Printing Office, 1977.

This booklet contains detailed instructions for a kitchen accessible by handicapped persons. Illustrated with diagrams and photographs. $1.90
SOURCE: U.S. Government Printing Office, Superintendent of Documents, Washington, D.C., 20402

U.S. Department of Veteran Benefits, Veterans Adminstration. HANDBOOK FOR DESIGN: SPECIALLY ADAPTED HOUSING. Washington, D.C.: U.S. Government Printing Office, 1978.

This booklet is designed for use by an architect/designer when producing a home for a person confined to a wheelchair. Specific design details and dimensions are given for the exterior and interior, including the kitchen, bathroom, and floor plans. Free SOURCE: Veterans Administration, 810 Vermont Avenue, Washington, D.C., 20420.

C. HOME MANAGEMENT

Food preparation; household activities; adaptive housing; adapting home economics curriculum

MENTAL DISABILITIES

Amo, Margaret R., "Practical Cooking Skills," THE POINTER, 17 (Winter, 1972), 108-109.

Suggestions are given to teachers of the mentally handicapped on how to provide students with practical learning experiences and develop cooking skills.

O'Connell, Sue, "Cooking Activities Provide Enrichment," THE POINTER, 15 (Spring 1971), 30-32.

Sue O'Connell, a teacher of slow learners, describes two cooking lessons she has used to educate her students.

Schuckman, Marquerite, "Home Economics Provides Vocational Training," THE POINTER, 16(Fall 1971), 49-52.

Suggestions on how to teach home economics to mentally retarded teenagers are given. Included are vocational preparation, sewing, cooking, and nutrition information.

Wheeler, Jill, et al., "Teaching Moderately and Severely Handicapped Adolescents to Shop in Supermarkets Using Pocket Calculators," EDUCATION AND TRAINING OF THE MENTALLY RETARDED, 15 (April 1980), 105-112.

In this study, seven moderately and severely handicapped adolescents were taught selected independent supermarket shopping skills.

D. NUTRITION

Diets; clincial nutrition; nutrition education

PHYSICAL DISABILITIES

The Arthritis Foundation. THE TRUTH ABOUT DIET AND ARTHRITIS. Toronto, [197-?].

This pamphlet informs the arthritic patient that there is no special diet for arthritis. It also discusses weight problems and gout. Free
SOURCE: The Arthritis Foundation, 3400 Peachtree Road, N.E., Atlanta, Georgia, 30326.

Berg, Kristina, et al., "Adaptation in Cerebral Palsy of Body Composition, Nutrition and Physical Working Capacity at School Age: Effects of Physical Training and Improved Nutrition," ACTA PAEDIATRICA SCANDINAVICA, 204 (1971), 93p. (Supplement)

A collection of eight studies which include investigations on aspects of nutrition, such as growth, body composition, intake of energy and nutrients in the cerebral palsied child.

*Brown, Judith E., et al., "Nutritional Assessment of Children with Handicapping Conditions," MENTAL RETARDATION, 17 (June 1979), 129-132.

This study assessed the nutritional status of 64 children with various handicaps. The children were found to be smaller in weight and height than the average and to frequently consume imbalanced diets.

Bryan, A.H. and Anderson, Evelyn L., "Dietary and Nutritional Problems of Crippled Children in Five Rural Countries of North Carolina," AMERICAN JOURNAL OF PUBLIC HEALTH, 55 (October 1965), 1545-1554.

A study carried out to determine the extent to which physical handicaps in children result in feeding or nutritional difficulties. This study found that 15% of the children encountered feeding or nutritional difficulties.

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* This publication deals with both physical and mental disabilities.

California. Bureau of Public Health Nutrition. A GUIDE FOR FEEDING CHILDREN WITH CEREBRAL PALSY. Berkeley, California: California Office of State Printing, 1966.

This quide is written for parents and professionals and gives suggestions on food selection, food preparation, forming good eating habits, teaching self-feeding, and eating aids and devices. Free
SOURCE: California State Department of Health, Bureau of Public Health Nutrition, 2151 Berkeley Way, Berkeley, California, 94704.

Community Care Services, Toronto. MEALS ON WHEELS AND THE COMMUNITY: A RESOURCE BOOK, 1978.

This comprehensive manual contains a section describing nutritional risks of the elderly, particularly of those housebound due to physical disabilities. Provides menus and suggests resources. $12.00
SOURCE: Community Care Services (Metropolitan Toronto) Inc., 40 Orchard View Boulevard, Suite 238, Toronto, Ontario, M4R 2G1.

Dufton-Gross, Nancy A., "Nutrition Intervention in a Preschool for Handicapped Children," JOURNAL OF THE AMERICAN DIETETIC ASSOCIATION, 75 (August 1979), 154-157.

This article describes a nutrition program for disabled children and the role of the nutritionist.

Gallender, Carolyn Newton and Gallender, Demos. DIETARY PROBLEMS AND DIETS FOR THE HANDICAPPED. Springfield, Illinois: Charles C. Thomas, 1979.

Topics covered in this book are: basic understanding of the body's need for food; physical disabilities as they relate to the daily diet; and basic information on diets, menus and recipies for the disabled. $16.25

Hargrave, Madelyn. NUTRITIONAL CARE OF THE PHYSICALLY DISABLED. Minneapolis, Minnesota: Sister Kenny Institute, 1979.

This book is intended as a guide for health professionals in providing nutritional care for disabled patients. Included are: a nutritional care plan; the impact of immobilization on nutritional status and therapy; and dietary modifications for specific diseases. $6.85
SOURCE: Sister Kenny Institute, Chicago Avenue at 27th Street, Minneapolis, Minnesota, 55407.

Hudson, Arthur J. VITAMINS. Toronto: Multiple Sclerosis Society, 1974.

This pamphlet discusses the use of vitamins for people with multiple sclerosis. Free
SOURCE: Multiple Sclerosis Society of Canada, 130 Bloor Street West, Toronto, Ontario, M5S 1N5.

Knapp, John E., "Nutrition in Cancer," CANADIAN FAMILY PHYSICIAN, 25 (September 1979), 1077-1079.

This article discusses the importance of monitoring the nutritional state of the cancer patient. The role of food, the nutritional needs and the methods of feeding the cancer patient are covered.

Lloyd, Jane K., "Dietary Problems Associated with the Care of Chronically Sick Children," JOURNAL OF HUMAN NUTRITION, 23 (April 1979), 135-139.

Dietary problems associated with the care of chronically sick children are discussed. Two broad headings are defined: problems in which diet is an essential part of the treatment of the chronic disorder; and chronic diseases in which diet does not have a specific role in treatment, and thus may make the child more susceptible to nutritional disorders through neglect.

Multiple Sclerosis Society. BOWEL PROGRAM. Toronto, [1978?].

Provides quidelines for a bowel training program to initiate regular bowel movements. Gives good information on diet, as well as suggestions on physical activity and temporary assistive measures. $0.05
SOURCE: Multiple Sclerosis Society of Canada, 130 Bloor Street West, Toronto, Ontario, M5S 1N5.

National Cancer Institute. DIET AND NUTRITION: A RESOURCE FOR PARENTS OF CHILDREN WITH CANCER. Washington, D.C.: U.S. Department of Health Education and Welfare, 1979.

A handbook for parents of children with cancer providing information on the many aspects of diet and nutrition for the pediatric cancer patient. Four major areas covered include: the importance of nutrition, the side effects of cancer and its treatment, the encouragement of children to eat, and special diets. Free
SOURCE: National Cancer Institute, Office of Cancer Communications Bldg. 31, Room 10A18, Bethesda, Maryland 20205

*Palmer, Sushma and Ekvall, Shirley, eds. PEDIATRIC NUTRITION IN DEVELOPMENTAL DISORDERS. Springfield, Illinois: Charles C. Thomas, 1978.

Thirty-two contributors from thirteen centres for handicapped children thoroughly analyze the nutritional dimension of many developmental disorders. Written for health-related professionals, it also covers hereditary metabolic disorders, nutrient deficiency disorders, nutritional assessment, and nutrition for geriatric and normal pediatric populations. $50.25

Redick, Sharon Smith. THE PHYSICALLY HANDICAPPED STUDENT IN THE REGULAR HOME ECONOMICS CLASSROOM - A GUIDE FOR TEACHING NUTRITION AND FOODS. Danville, Illinois: Interstate, 1976.

This book gives home economics teachers curricular suggestions when working with physically handicapped students. The content, which is geared to the 13 to 15 year old student, includes teaching curriculum, materials and games. $6.75
SOURCE: The Interstate Printers and Publishers, Inc,, 19-27 North Jackson Street, Danville, Illinois, 61832.

* This publication deals with both physical and mental disabilities.

Rosenbaum, Ernest H., et al. NUTRITION FOR THE CANCER PATIENT. Palo Alto, California: Bull Publishing, 1980.

This guidebook discusses the role of diet and nutrition for the cancer patient, gives suggestions on how to solve common problems such as loss of appetite and swallowing difficulty, outlines various special diets and gives recipes. $5.95
SOURCE: Bull Publishing Company, P.O. Box 208, Palo Alto, California, 94302.

Simmons, James Q. NUTRITION AND MS. New York: National Multiple Sclerosis Society, 1980.

With the policy that, "...to date there is no scientific basis for a specific dietary recommendation, other than the well-balanced, varied diet...", the information presented in this booklet is on the various food groups and the recommendations of nutritionists. The diet recommendations given are intended to quide the individual to the highest level of general health attainable through nutrition. Free
SOURCE: National Multiple Sclerosis Society, 205 East 42nd Street, New York, New York, 10017.

Snoy, Mary T. and Van Bernten, Letitia, "Self-Modification Technique for the Control of Eating Behaviour for the Visually Handicapped," EDUCATION OF THE VISUALLY HANDICAPPED, 10 (Spring 1978), 20-24.

This ten-week study used operant conditioning techniques to promote weight loss in visually handicapped adolescents. Lower calorie consumption resulted. The diet problems encountered by visually impaired people are discussed.

*Wallace, Helen M., "Nutrition and Handicapped Children," JOURNAL OF THE AMERICAN DIETETIC ASSOCIATION, 61 (August 1972), 127-133.

This article stresses the importance of nutrition in primary and secondary prevention of handicaps, and its role in the care and rehabilitation of handicapped children. The role of the nutritionist is also discussed.

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* This publication deals with both physical and mental disabilities.

Woodburn, Jane M. and Fitch, Maeona M. FEEDING PROGRAMS AND THE HANDICAPPED CHILD. Washington: Woodburn and Fitch, 1978.

A problem-solving guide for food-service administrators, or other professionals who work with handicapped children. Covers eating problems, recommended foods to include in the diet, sample menus, and how to utilize feeding programs. $4.00
SOURCE: Woodburn and Fitch, P.O. Box 422, Bothell, Washington, 98011.

D. NUTRITION

Diets; clinical nutrition;
nutrition education

MENTAL DISABILITIES

Culby, W.J., and Middleton, T.O., "Caloric Requirements of Mentally Retarded Children With and Without Motor Dysfunction," JOURNAL OF PEDIATRICS, 75 (September 1969), 380-388.

Findings of this study indicate that caloric needs for profoundly mentally retarded children could be expressed in terms of body size and motor status instead of age.

Gouge, A.L., and Elevall, S.W., "Diets of Handicapped Children: Physical, Psychological and Socioeconomic Correlations," AMERICAN JOURNAL OF MENTAL DEFICIENCY, 80 (September 1975), 149-155.

A study conducted to identify relationships between nutritional deficiencies and selected physical, psychological, and socioeconomic factors.

*Klein, Linda, "Handicapped Children Learn About Food," FOOD AND NUTRITION, 9 (October 1979), 3-6.

Three articles tell how people are tailoring nutrition education programs to the special needs of mentally retarded or physically handicapped children.

Lindsay, Patty, "Nutrition and Food Preparation," THE POINTER, 20 (Winter 1975), 65.

The importance of retarded children learning about meal planning, preparation and nutrition is discussed.

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* This publication deals with both physical and mental disabilities.

Polednak, A.P., and Auliffe, Jan, "Obesity in an Institutionalised Adult Mentally Retarded Population," JOURNAL OF MENTAL DEFICIENCY RESEARCH, 20 (March 1976), 9-15.

This study was carried out to determine the frequency of obesity in an institutionalized adult mentally retarded population. The findings suggest that obesity is a significant health-related problem for these adults.

Staugaitus, S.D., "Directions for Effective Weight Control with Mentally Retarded People," MENTAL RETARDATION, 16 (April 1978), 157-163.

Applies findings on control of obesity in the general population to formulate quidelines for successful control of obesity in the mentally retarded.

U.S. Department of Health, Education, and Welfare - Welfare Administration, Children's Bureau. GUIDE FOR NUTRITION SERVICES FOR MENTALLY REATRDED CHILDREN. Washington, D.C.: U.S. Government Printing Office, 1965.

This booklet deals with three major topics: the place of nutrition in services to the mentally retarded and ways in which a nutritionist might contribute; the people who provide nutrition services; and the preparation of nutritionists for participation in services for mentally retarded children. Out of Print

E. MEALTIME SKILLS AND BEHAVIOUR

Assisted and independent feeding skills; feeding disorders; behaviour modification techniques; feeding programs

PHYSICAL DISABILITIES

Banerdt, Barbara and Bricker, Diane. "A Training Program for Selected Self-Feeding Skills for the Motorically Impaired," AAESPH REVIEW, 3 (December 1978), 222-229.

This study examined the effects of proper positioning and adaptive equipment on a cerebral palsied child previously unable to feed himself. The development of feeding skills in normal children was used as a guide in designing the training program.

Blockley, Jennifer, and Miller, Gillian. "Feeding Techniques with Cerebral Palsied Children," PHYSIOTHERAPY, 57 (July 1971), 300-308.

This article discusses the stages of development of feeding in the normal child and the abnormal patterns of the cerebral palsied child. Suggestions are given on how to handle the feeding problems encountered.

Bosley, Elizabeth. DEVELOPMENT OF SUCKING AND SWALLOWING. Wichita, Kansas: Institute of Logopedics, [197-?].

This article explains several techniques to improve chewing, sucking, and swallowing reflexes that facilitate easier feeding in cerebral palsied children. Lack of medical terms makes this information readily available to many different audiences. Free
SOURCE: Institute of Logopedics, 2400 Jardine Drive, Wichita, Kansas 67219

Bowman, Mary, et al. EATING WITH A SPOON - HOW TO TEACH YOUR MULTIHANDICAPPED CHILD. Ohio: Ohio State University, 1975.

This book gives suggestions to parents on how to teach their handicapped child to eat with a utensil. $5.95
SOURCE: Publications Sales Division, Ohio State University Press, 2070 Neil Avenue, Columbus, Ohio, 43210.

Delaware. Department of Public Health. Nutrition Services Division. FEEDING CLEFT PALATE CHILDREN. Delaware: State Printer, [197-?].

This booklet gives complete information on feeding problems encountered by infants and children with cleft palate, proper feeding techniques, and nutrient requirements. It also discusses the benefits of dental surgery and/or dental appliances, the relation of feeding and speech problems, and dental care through diet control. Free
SOURCE: Nutrition Office, Division of Public Health, Jesse Cooper Building, Dover, Delaware, 19901.

Gallender, Demos. EATING HANDICAPS - ILLUSTRATED TECHNIQUES FOR FEEDING DISORDERS. Springfield, Illinois: Charles C. Thomas, 1979.

This book provides data and theory on the anatomical and physiological aspects of eating handicaps, and also illustrates practical, easily-applied methods of treatment. $21.75

Holser-Buehler, Patricia. "The Blanchard Method of Feeding the Cerebral Palsied," AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 20 (June 1966), 31-34.

The Blanchard spoon feeding method is illustrated through an experiment with spastic and athetoid cerebral palsied children.

Klinger, Judith Lannfeld. MEALTIME MANUAL FOR PEOPLE WITH DISABILITIES AND THE AGING. Campton, New Jersey: Campbell Soup, 1978.

This book provides practical information for people with physical disabilities on how to prepare and eat foods. Many aids and adaptations are shown, as well as information on convenience foods, shopping, and nutrition. A recipe section is included. $3.25
SOURCE: Campbell Soup Company, 1 Campbell Place, Campton, New Jersey, 08101.

Loiselle, C. "Food-Based Program for Decreasing Pre-Feeding Behaviours," CANADIAN JOURNAL OF OCCUPATIONAL THERAPY, 46 (June 1979), 93-104.

Part I - Development
The author has organized and reviewed the literature on Margaret S. Rood's principles of neurophysiological intervention as related to the pre-feeding behaviours of tongue thrust, drooling and gag reflex hypersensitivity in cerebral palsied children. The "treatment aims" derived by Rood are described.
Part II - Evaluation
Describes a pilot study conducted with five cerebral palsied children to evaluate the effectiveness of a treatment program aimed at decreasing the pre-feeding behaviours of tongue thrust, drooling and gag reflex hypersensitivity. The results found that some children benefitted from the program, but others exhibited harmful effects. Both articles contain well-diagrammed sketches and charts.

Miller, Carol J. "Children with Feeding Problems," CHILD: CARE, HEALTH AND DEVELOPMENT, 2 (March/April 1976), 73-76.

Describes and discusses secondary problems associated with feeding problems in children, and summarizes some of the ways these difficulties are overcome.

*Morris, Suzanne Evans. PROGRAM GUIDELINES FOR CHILDREN WITH FEEDING PROBLEMS. Edison, New Jersey: Childcraft Education Corporation, 1977.

This manual is designed for use with children, with or without mental retardation, who may also have mild neurological impairments. It is divided according to specific feeding problems, for example gagging and vomiting tongue thrust, etc. Each section lists step-by-step guidelines and suggestions.
$5.95
SOURCE: Childcraft Education Corporation, 20 Kilmer Road, Edison, New Jersey, 08817.

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* This publication deals with both physical and mental disabilities.

Palmer, Sushma, et al. "Applied Behaviour Analysis in the Treatment of Childhood Feeding Problems," DEVELOPMENTAL MEDICINE AND CHILD NEUROLOGY, 17 (June 1975), 333-339.

This article discusses the case of a handicapped child who, after treatment with applied behaviour analysis, learned to overcome a fear of solid foods. The authors discuss the frequent occurrence of feeding problems in children and their possible causes.

Ryan, Mary. FEEDING CAN BE FUN. London: Spastics Society, 1975.

A practical booklet with instructions and pictures on how to feed the cerebral palsied infant and child. 70p.
SOURCE: The Spastics Society, 12 Park Cresent, London, England, W1N 4EQ.

Thompson, George A., et al., "Operant Control of Pathological Tongue Thrust in Spastic Cerebral Palsy," JOURNAL OF APPLIED BEHAVIOUR ANALYSIS, 12 (Fall 1979), 325-333.

In this study, tongue thrust or reverse swallowing during mealtime was modified in a retarded child, using differential reinforcement and punishment. There was a substantial decrease in tongue thrust and food expulsion, and a large increase in observed chewing.

Treharne, Dilys A. "Management of Feeding Difficulties," NURSING TIMES, 75 (January 1979), 108-109.

This article emphasizes correct positioning of the child. It also suggests ways to improve feeding for those not able to feed themselves.

U.S. Department of Health, Education, and Welfare, FEEDING THE CHILD WITH A HANDICAP. Washington: U.S. Government Printing Office, 1975.

Suggestions on how to meet the feeding needs of handicapped children are given in this booklet, as well as some principles of child growth and development. Free
SOURCE: U.S. Government Printing Office, Superintendent of Documents, Washington, D.C., 20402

*Wainwright, Helen. "Feeding Problems in Elderly Disabled Patients," NURSING TIMES, 74 (March 1978), 542-543.

Eating and drinking problems encountered by the elderly, disabled patient are discussed. Recommendations on how to reduce these difficulties are given.

Widerberg, Lloyd C. and Kaarlela, Ruth. TECHNIQUES FOR EATING: A GUIDE FOR BLIND PERSONS. Kalamazoo, Michigan: Western Michigan University, 1977.

A comprehensive manual that covers almost every problem encountered by blind persons at the dinner table. Suggestions for using cafeterias are also given. $1.00
SOURCE: College of Health and Human Services, Western Michigan University, Kalamazoo, Michigan, 49008.

* This publication deals with both physical and mental disabilities.

E. MEALTIME SKILLS AND BEHAVIOUR

Assisted and independent feeding skills; feeding disorders; behaviour modification techniques; feeding programs

MENTAL DISABILITIES

Azrin, N.H. and Armstrong, P.M., "The 'Mini-Meal' - A Method for Teaching Eating Skills to the Profoundly Retarded," MENTAL RETARDATION, 11 (February 1973), 9-13.

This article explains the "Mini-Meal" program that was successful in eliminating mealtime problems of the profoundly retarded. The controlled study used reinforcement procedures.

Ball, Thomas S., et al., "A Special Feeding Technique for Chronic Regurgitation," AMERICAN JOURNAL OF MENTAL DEFICIENCY, 78 (January 1974), 486-493.

This study evaluated a special feeding method used to decrease voluntary regurgitation. The study, which was carried out with two profoundly retarded children, was successful.

Barton, Elizabeth Spindler, et al., "Improvement of Retardates Mealtime Behaviours by Timeout Procedures Using Multiple Baseline Techniques," JOURNAL OF APPLIED BEHAVIOUR ANALYSIS, 3 (Summer 1970), 77-84.

Details a study conducted with 16 severely and profoundly retarded residents of a cottage at the Kansas Neurological Institute. Observations found that undesirable mealtime behaviours were reduced by contingent "timeout" procedures, such as 15-second removal of the child's tray, or removing the subject from the room until the meal was finished.

Berkowitz, Samuel, et al., "Teaching Self-Feeding Skills to Profound Retardates Using Reinforcement and Fading Procedures," BEHAVIOUR THERAPY, 2 (January 1971), 62-67.

Fourteen institutionalized profoundly retarded boys were given a behaviour modification program to teach them how to spoon-feed themselves. Fading procedures and reinforcement with praise and prompting were used. All fourteen boys learned to perform the self-feeding task.

Christian, Walter P., "An Attendant Operated Feeding Program for Severely and Profoundly Retarded emales," MENTAL RETARDATION, 11 (October 1973), 35-37.

A program was conducted to teach 28 severely and profoundly retarded females to eat with a spoon through behaviour modification. The program was structured so that it could be maintained by the ward staff.

Gallender, Demos. TEACHING EATING AND TOILETING SKILLS TO THE MULTI-HANDICAPPED IN THE SCHOOL SETTING. Springfield, Illinois: Charles C. Thomas, 1980.

A resource book for those working with students with eating handicaps and lack of toileting skills. The program and technique suggestions can be used not only in the classroom setting, but also in hospitals, residential facilities, or in the home. $19.75

Groves, Ivor D. and Carroccio, Dennis F., "A Self-Feeding Program for the Severely and Profoundly Retarded," MENTAL RETARDATION, 9 (June 1971), 10-12.

Describes a program using operant conditioning techniques to teach severely and profoundly retarded persons to eat with a spoon. It was found that inappropriate behaviour was decreased.

*Holser-Buehler, Patricia, "Correction of Infantile Feeding Habits," THE AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 27 (September 1973), 331, 334-335.

A three week program is described that was developed to correct infantile feeding habits of multi-handicapped children.

*Jones, Alison M., "Overcoming the Feeding Problems of the Mentally and Physically Handicapped," JOURNAL OF HUMAN NUTRITION, 32 (October 1978), 359-367.

The feeding difficulties of mentally and physically handicapped children and the techniques used to overcome these problems are described. Problems of the cerebral palsied child are stressed. Feeding problems of the adult handicapped person are also discussed.

* This publication deals with both physical and mental disabilities

Leibowitz, J. Michael, and Holcer, Paulette, "Building and Maintaining Self-Feeding Skills in a Retarded Child," THE AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 28 (October 1974), 545-548.

An experiment designed to study the use of operant conditioning techniques to teach a retarded child self-feeding and to accept an increasing variety and texture of foods. Results showed that both self-feeding and acceptance of a variety of foods could be taught concurrently.

Lemke, Harn and Mitchell, Robert D., "Controlling the Behaviour of a Profoundly Retarded Child," THE AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 26 (July/August 1972), 261-264.

A report on a profoundly retarded, self-abusive and assaultive child who was motivated to feed himself within eight days. Bites of his meals were used as reinforcers to shape self-feeding skills.

Mann, William C. and Sobsey, Richard, "Feeding Program for the Institutionalized Mentally Retarded," AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 29 (September 1975), 471-474.

A program using behaviour modification and motivation theories was tested out to try and improve dining room behaviour of the mentally retarded in a residential center. The program was found to significantly improve eating habits.

Martin, Garry L., et al., "An Operant Analysis of Response Interactions During Meals with Severely Retarded Girls," AMERICAN JOURNAL OF MENTAL DEFICIENCY, 76 (July 1971), 68-75.

This experiment was carried out to study the interaction of four undesirable mealtime behaviours (slopping food, yelling, playing with utensils and eating with hands) in four severely retarded girls, and to compare the time-out punishment to social approval for eliminating these activities. The time-out punishment was found to be as effective or more effective than was the social approval.

McCracken, Alice, "Drool Control and Tongue Thrust Therapy for the Mentally Retarded," THE AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 32 (February 1978), 79-85.

A neurophysically based treatment for drooling and infantile tongue thrust found in adolescent mentally retarded persons is reported and evaluated. The study found some success in inhibiting infantile tongue thrust, resulting in improved ability to eat, as well as decreased drooling. Photographs illustrate some of the techniques mentioned.

Neely, R.A. and Smith, M.A. PROGRAM FOR FEEDING TRAINING OF DEVELOPMENTALLY DELAYED CHILDREN. Memphis: University of Tennessee, 1977.

This booklet outlines a program for feeding-training to be used with children who have potential for self-feeding skill development. $1.50
SOURCE: University of Tennessee, Child Development Center, 711 Jefferson Avenue, Memphis, Tennessee, 38105.

Nelson, Gary L., et al., "Training Correct Utensil Use in Retarded Children: Modeling vs. Physical Guidance," AMERICAN JOURNAL OF MENTAL DEFICIENCY, 80 (July 1975), 114-122.

Modeling and physical quidance are compared for teaching retarded children to use a knife, a fork and a spoon. The effects of reinforcement are also examined. Methods providing physical guidance resulted in significant improvement, while modeling did not.

Newfoundland and Labrador. Department of Social Services. FEEDING THE CHILD WHO IS DEVELOPMENTALLY DELAYED. St. John's, 1979.

This booklet gives suggestions on how to meet the nutritional requirements of the retarded and describes some of the techniques and devices used in feeding. Free
SOURCE: Mental Retardation Programs, Department of Social Services, Confederation Building, St. John's, Newfoundland, A1C 5T7.

O'Brien, F. and Arzin, N.H., "Developing Proper Mealtime Behaviours of the Institutionalized Retarded," JOURNAL OF APPLIED BEHAVIOUR ANALYSIS, 5 (Winter 1972), 389-399.

A program developed to reduce unsanitary, disruptive and improper table manners in twelve mentally retarded residents of Anna State Hospital is described. The program included acquisition training of proper table manners and maintenance procedures to maintain proper eating skills. The results showed significant improvement.

O'Brien, F., et al., "Training and Maintaining a Retarded Child's Proper Eating," JOURNAL OF APPLIED BEHAVIOUR ANALYSIS, 5 (Spring 1972.), 67-72.

This study explores the need of "motivational procedures" to maintain positive eating skills in a mentally retarded child. It was found that the child reverted to undesirable mealtime behaviour unless motivation continued after training.

Perske, Robert, et al., eds. MEALTIMES FOR SEVERELY AND PROFOUNDLY HANDICAPPED PERSONS. Baltimore: University Park Press, 1977.

Mealtimes for the severely and profoundly handicapped are described and their value discussed. Creative interactions, creative uses of people, and helpful mealtime atmospheres are described. $14.50

Reidy, Thomas J., "Training Appropriate Eating Behaviour in a Pediatric Rehabilitation Setting: Case Study," ARCHIVES OF PHYSICAL MEDICINE AND REHABILITATION, 60 (May 1979), 226-229.

Operant conditioning techniques, including verbal commands, praise and manual guidance, are found to successfully improve mealtime behaviour of a seven-year-old boy with brain damage.

Schmidt, Paula, "Feeding Assessment and Therapy for the Neurologically Impaired," AAESPH REVIEW, 1 (November 1976), 19-28.

This article discusses "feeding therapy" for children with abnormal muscle tone and poor muscle coordination. Emphasis is on techniques of assessment, intervention, and treatment, with the Eating Assessment Tool included as an instrument for measuring progress in feeding behaviours.

*Smith, Mary Ann Harvey, ed. FEEDING THE HANDICAPPED CHILD. Memphis: University of Tennessee, [197-?].

A collection of papers which discuss the nutritional needs of physically and mentally handicapped children. The interdisciplinary approach to handling feeding problems is stressed. $4.00
SOURCE: University of Tennessee, Child Development Center, 711 Jefferson Avenue, Memphis, Tennessee, 38105.

Song, A.Y. and Gandhi, R., "An Analysis of Behaviour During the Acquisition and Maintenance Phases of Self-Spoon Feeding Skills of Profound Retardates," MENTAL RETARDATION, 12 (February 1974), 25-28.

This report describes the techniques used and the problems encountered in teaching self-feeding skills to four profoundly retarded children.

Thompson, Robert J., Jr. and Palmer, Sushma, "Treatment of Feeding Problems - A Behavioural Approach," JOURNAL OF NUTRITION EDUCATION, 6 (April/June 1974), 63-66.

The use of behaviour modification to treat feeding problems encountered with preschool handicapped children is studied. The behaviour modification techniques used were found to be successful.

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* This publication deals with both physical and mental disabilities.

U.S. Department of Health, Education, and Welfare Administration. FEEDING MENTALLY RETARDED CHILDREN. Washington, D.C.: U.S. Government Printing Office, 1965.

This booklet gives guidelines for nutritional assessment, basic nutrition knowledge, and development of eating skills. A well organized chart examines aspects of self-feeding techniques step-by-step. $1.60
Source: U.S. Government Printing Office, Superintendent of Documents, Washington, D.C. 20402

*Weir, Kirk, "Psychological Factors in Feeding Disorders Occuring in Mentally or Multiply Handicapped Children," CHILD: CARE, HEALTH AND DEVELOPMENT, 5 (July/August 1979), 285-294.

Explores how difficulties caused by parental responses to a handicapped child are manifested in feeding problems. This article explains how early counselling for families of handicapped children can reduce these feeding difficulties.

Zeiler, Michael D., and Jervey, Susan S., "Development of Behaviour: Self-Feeding," JOURNAL OF CONSULTING AND CLINICAL PSYCHOLOGY, 32 (April 1968), 164-168.

Documents a self-feeding training procedure that produced positive results in a fifteen year-old profoundly retarded girl. It was also found that undesirable behaviour disappeared.

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* This publication deals with both physical and mental disabilities.

F. AIDS AND DEVICES

Suggestions for use; construction

Altschuler, Sherry L., et al., "Oral Eating Device for Food Placement," AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 29 (April 1975), 229.

Describes an eating device that allows the patient to scoop soft foods off his plate and then place the food at the back of the mouth where it can be swallowed. Intended as a teaching tool in early training of spoon feeding.

American Heart Association. DO IT YOURSELF AGAIN - SELF-HELP DEVICES FOR THE STROKE PATIENT. Dallas, Texas, 1969.

Information about various self-help devices of use to the stroke patient who has lost the use of one arm, one leg, or both. All devices are illustrated, and the sources are given. Free
SOURCE: Ontario Heart Foundation, 567 Church Street, Toronto, Ontario, M4Y 2S1.

American Parkinson Disease Association. AIDS, EQUIPMENT AND SUGGESTIONS TO HELP THE PATIENT WITH PARKINSON'S DISEASE IN THE ACTIVITIES OF DAILY LIVING. New York, [197-?].

A booklet with illustrations and information about adaptive equipment, useful aids and suggestions. Mealtime, kitchen, bathing and dressing aids are covered. A list of suppliers of aids and equipment is included. Free
SOURCE: American Parkinson Disease Association, 174 East 50th Street, New York, New York, 10022.

Burkhart, Barbara, "A New Use for an Old Adaptation: Loop-Handed Utensils," AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 29 (August 1975), 423.

Describes a loop handle that may be moved from one kitchen utensil to another by adding an aluminum sleeve to the utensil. In this way, special utensils are not necessary for the disabled. Contruction is described.

Canadian Arthritis and Rheumatism Society. AIDS AND ADAPTATIONS, 2nd ed. Vancouver, 1976.

This booklet describes and illustrates aids and adaptations that are of use to a person with arthritis or rheumatism. Materials and method for construction are given. Included are self-help aids for eating, homemaking, etc., and environmental adaptations, such as chairs, beds, and ramps. $2.50
SOURCE: The Arthritis Society, 920 Yonge Street, Suite 420, Toronto, Ontario, M4W 3J7.

Collins, A.D., "Adapted Plate for Use in a Microwave Oven," AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 32 (September 1978), 586-587.

Describes a plate designed for a microwave oven that can be used by people with limited or no hand function. Detailed instructions on construction from readily available materials is provided.

Davis, Wendy M. AIDS TO MAKE YOU ABLE. Edmonton: Multiple Sclerosis Society, 1977.

Various self-care inventions and adaptations for the handicapped person are described and illustrated. The activities of daily living; eating, dressing, household activities are included. $5.00
SOURCE: Multiple Sclerosis Society of Canada, 130 Bloor Street West, Toronto, Ontario, M5S 1N5.

Foott, Sydney. HANDICAPPED AT HOME. New York: Quick Fox, 1977.

This book provides information on the planning, design and choice of equipment which enables a handicapped person to share a home with others. $7.95
SOURCE: Quick Fox, Inc., 33 West 60th Street, New York, New York, 10023.

Garee, Betty, ed. SINGLE-HANDED: DEVICES AND AIDS FOR ONE HANDERS AND SOURCES OF THESE DEVICES. Bloomington, Illinois: Cheever, 1978.

This booklet describes devices which could be of use to a one-handed person and the sources of these devices. $3.50
SOURCE: Accent Special Publications, Cheever Publishing, Inc., P.O. Box 700, Bloomington, Illinois, 61701.

Gertenrich, Roger L., "A Simple, Adaptable Drinking Device for Mental Retardates Lacking Arm-Hand Control (Pilot Project)," MENTAL RETARDATION, 8 (June 1970), 51-52.

A drinking device consisting of a plastic cup placed in a swivelling ring was tested on cerebral palsied subjects. It was found that some subjects were able to drink with more ease from the device, while it did not meet with success for others.

Gmitter, Nancy W. and Richards, Lois H., "Pulley Feeding System," PHYSICAL THERAPY, 54 (September 1973), 973.

A pulley system designed to enable a five year old boy with arthrogryposis to feed himself is described and illustrated.

Hall, K.W. and Hammock, M., "Feeding and Toileting Devices for a Child with Arthrogryposis," AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 33 (October 1979), 644-646.

This article reviews a device to be used by patients with limited upper and lower extremity joint motion and muscle strength. The feeding device has been found to improve a child's independence as home and school, as well as minimize the amount of assistance needed.

Hinshaw, Edith S. and Barrier, Dorothy L. PHYSICALLY HANDICAPPED: AIDS TO SELF HELP IN HOMEMAKING, GROOMING AND CLOTHING. Raleigh, North Carolina: Raleigh, North Carolina Agricultural Extension Service, [197-?].

This booklet contains instructions for constructing several useful aids and diagrams with dimensions are provided. Several kitchen and eating aids are covered. $0.50
SOURCE: North Carolina State University, School of Agriculture and Life Sciences, Agriculture Extension Service, Box 5037, Raleigh, North Carolina, 27650.

Institute of Physical Medicine and Rehabilitation, New York University. SELF-HELP DEVICES FOR REHABILITATION. Dubuque, Iowa: William C. Brown, 1958.

This manual contains several self-help devices for daily living activities, therapeutic exercise, and industrial aids. Details the source, cost, description and use of each device. Contains sketches specifying dimensions and/or photographs of each device. Eating aids and kitchen adaptations are included. Out of Print

Lowman, Edward and Klinger, Judith Lannefeld. AIDS TO INDEPENDENT LIVING - SELF-HELP FOR THE HANDICAPPED. Toronto: McGraw-Hill, 1969.

This book is designed to expand the range of activities and independence of the handicapped. Specific aids are explained and their sources are given. Eating, kitchen, and homemaking aids are included. Out of Print

Moore, John W., "Adapted Knife for Rheumatoid Arthritics," AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 32 (February 1978), 112-113.

Using clear photographs, this article shows how an ordinary serrated knife can be adapted. Changes suggested may require some heavy equipment, such as drills.

Nuffield Orthopaedic Center. EQUIPMENT FOR THE DISABLED - HOME MANAGEMENT. Oxford : Oxford Regional Health, [197-?].

This book, written for the professional worker, gives suggestions on aids and equipment to assist the disabled in home management, cooking and eating. $5.00
SOURCE: Equipment for the Disabled, 2 Foredown Drive, Portslade, Brighton, England, BN4 2BB.

Robinault, Isabel P., ed. FUNCTIONAL AIDS FOR THE MULTIPLY HANDICAPPED. New York: Harper and Row, 1973.

A resource book with information on functional aids and equipment for the handicapped of all ages. Feeding, personal care, learning, recreation, transfer and mobility are included. $24.50

Ramey, R.L., et al., "Microcomputer-Aided Eating for the Severely Handicapped," COMPUTER, 12 (January 1979), 54-61.

Describes a microcomputer-controlled manipulator that permits severely handicapped individuals to feed themselves independently.

Rosenberg, Charlot. ASSISTIVE DEVICES FOR THE HANDICAPPED. Minneapolis, Minnesota: American Rehabilitation Foundation, 1968.

This book is make up of two parts; part I which illustrates the devices and describes their use, and part II which gives complete building methods for these devices. Technical language has largely been omitted. Out of Print

Trefler, Elaine, et al., "A Feeding Spatula for Cerebral-Palsied Children," THE AMERICAN JOURNAL OF OCCUPATIONAL THERAPY. 31 (April 1977), 260-261.

Describes a spatula for use with children with severe impairment of oral musculature who are not candidates for self-feeding. Describes the advantages of the spatula over a spoon. Photographs illustrate the use of this device.

Urquhart, Kathy, "Inexpensive Counterbalance Arm Sling," AMERICAN JOURNAL OF OCCUPATIONAL THERAPY, 29 (July 1975), 360-361.

Describes the contruction of an inexpensive counterbalance arm sling that can be used for patients with upper extremity weakness. This device allows the patients to feed themselves.

G. COOKBOOKS

Easy-to-prepare recipes;
Illustrated; large print

Betty Crocker's Cookbook. New York: Golden Press, 1976.

The complete cookbook with recipes on appetizers, salads, soups, meat, fish, and vegetable entrees, desserts, and helpful hints to save time and money while preparing them. Available in braille in ten volumes. $46.00
SOURCE: American Printing House for the Blind, 1839 Frankfort Avenue, Louisville, Kentucky, 40206.

COOKING WITH BETTY CROCKER MIXES, 5th large type ed. Minneapolis: General Mills, 1979.

This book includes easy to prepare recipes using Betty Crocker products. Extra large type is used. Free
SOURCE: Cooking with Betty Crocker Mixes, Box 6, Department 885, General Mills, Inc., Minneapolis, Minnesota, 55460.

Easter Seal Guild, Florida. HELPING HAND COOK BOOK, 1970.

This book contains recipes that can be prepared with a minimum of effort. Hints for making food preparation easy and diagrams of aids for the disabled are also included. $3.00
SOURCE: The Easter Seal Guild, The Auxiliary to the Easter Seal Society of Hillsborough County, Inc., 2401 E. Henry, Tampa, Florida.

Kahan, Ellen House. COOKING ACTIVITIES FOR THE RETARDED CHILD. New York: Abingdon Press, 1974.

Detailed instruction for parents and teachers of the educable retarded on teaching these children the skills of cooking and baking. The recipes are shown in pictorial symbols. $3.55
SOURCE: Abingdon Press, 201 8th Avenue South, Nashville, Tennessee, 37202.

Minnesota Instructional Materials Center. LOOK AND COOK. White Bear Lake Minnesota, [197-?] .

This recipe book is designed for teaching mentally retarded adults. Recipes are presented both by text and in pictures. $3.25
SOURCE: Minnesota Instructional Materials Center, 3554 White Bear Avenue, White Bear Lake, Minnesota, 55110.

Ontario Association for the Mentally Retarded. HELP YOURSELF TO FOOD. Toronto, [197-?].

A recipe book designed for the mentally handicapped. Instructions are very simple and illustrated with pictures. $5.00
SOURCE: Ontario Association for the Mentally Retarded, 1376 Bayview Avenue, Toronto, Ontario, M4G 3A3.

Ralston Purina Company. STEP-BY-STEP PICTORIAL COOKBOOK. St. Louis, Missouri, 1979.

A step-by-step manual for adults with mental or physical disabilities that limit the use of traditional cookbooks. The recipes are divided into breakfast, lunch, and dinner categories, with subdivisions on no-cook, minimal-cook and full-cook recipes. $2.00
SOURCE: Corporate Consumer Services, Public Relations, Ralston Purina Company, Checkerboard Square, St. Louis, Missouri, 63188.

Reed Steed, Freida. A SPECIAL PICTURE COOKBOOK. Lawrence, Kansas: H. and H. Enterprises, 1977.

Written to help parents, teachers, and other instructors, this book is intended primarily to benefit handicapped children, but is useful for all children. The book is designed to be used with adult supervision. $5.95
SOURCE: H. and H. Enterprises, Inc., Box 1070, Lawrence, Kansas, 66044.

Smith, Patricia. LET'S COOK AND TEACH PRESCHOOL SKILLS - RECIPES FOR VERY YOUNG, HANDICAPPED, AND OLDER PRESCHOOLERS. Seattle, Child Development and Mental Retardation Center, University of Washington, [197-?].

A collection of recipes which are divided into teacher preparation and activities the child should participate in. The skills needed by the child are stated at the beginning of each recipe. $1.60
SOURCE: Child Development and Mental Retardation Center, University of Washington, Seattle, Washington, 98195.

Triebel, Jean S. and Manning, Mary Carol. I THINK I CAN LEARN TO COOK OR I CAN COOK TO THINK AND LEARN. San Rafael, California: Academic Therapy, 1976.

A recipe book designed for use with the mentally handicapped child. Recipes can be followed without having specific reading abilities since the recipes are shown in a picture format. $3.50
SOURCE: Academic Therapy Publications, 1539 Fourth Street, San Rafael, California, 94901.

Yates, Jacqueline J. LOOK AND COOK. Seattle: Special Child Publications, 1972.

Designed to teach the mentally disabled how to cook, this poster-sized manual uses colour codes and pictures to explain recipes for beverages, salads, sandwiches, and quick meals. Includes a series of tear sheets for further instruction. $9.95
SOURCE: Special Child Publications, 4535 Union Bay Place N.E., Seattle, Washington, 98105

Part II

AUDIOVISUAL MATERIALS

AUDIOVISUAL MATERIALS

Films; slides; videotapes

ABBREVIATIONS

b + w	BLACK AND WHITE
col.	COLOUR
sd.	SOUND
si.	SILENT
mono.	MONOTRACK

ACTIVITIES OF DAILY LIVING
Faculty of Medicine, University of Toronto, 1973
1 videocassette (22 min.): sd., col; 3/4 in.
Purchase $170.00 Rent $30.00

Discusses methods used by occupational therapists to teach independent living skills to disabled persons. Shows many aids for eating and food preparation.

DISTRIBUTED BY: City Films
376 Wellington Street
Toronto, Ontario M5V 1E3

AIDS TO THE HANDICAPPED
National Research Council, [197-?]
1 film reel, (5 min.): sd., col.; 16 mm.
Available on rental basis $6.50

Filmed at the Ottawa Crippled Children's Treatment Center, this presentation illustrates a number of aids and devices for handicapped children.

DISTRIBUTED BY: Association Films
333 Adelaide Street West
Toronto, Ontario M5V 1R6

APARTMENT 209
UNCAS Productions Ltd , 1974
1 film reel (27 min.): sd., col.; 16 mm.
Available on free loan

Documents the life of a young couple, both of whom have cerebral palsy. Filmed in Toronto, it shows how they cope with tasks such as shopping, food preparation and eating dinner.

DISTRIBUTED BY: Modern Talking Pictures
143 Sparks Avenue
Toronto, Ontario M2H 2S5

CARE OF THE YOUNG RETARDED CHILD
Carl J. Rose, 1965
1 film reel (18 min.): sd., col.; 16 mm.
Purchase $365.00 Rent $25.00

Good explanation of feeding problems (including motor skill development, perceptive and social problems), however some terminology and nutritional information is out of date.

DISTRIBUTED BY: US-International Film Bureau Inc.
332 South Michigan Avenue
Chicago, Illinois 60604

A DAY IN THE LIFE OF BONNIE CONSOLO
Arthur Barr Films Inc., 1975
1 film reel (16 min.): sd., col.; 16 mm.
Purchase $360.00 Rent $36.00

Details how a woman born without arms is able to perform household duties and raise her two healthy sons. Excellent coverage of food preparation, shopping, eating, etc.

DISTRIBUTED BY: Marlin Motion Pictures Ltd.
47 Lakeshore Road East
Mississauga, Ontario L5G 1C9

THE DIETITIAN WORKS WITH THE HANDICAPPED CHILD
Communications in Learning, 1974
15 slides: col. + sound cassette (35 min.): mono.
Purchase $41.90 Preview price available

The dietitian is provided with guidance on the special nutrition related problems encountered by handicapped children. The role of the dietitian, feeding techniques and adaptive equipment are addressed. Special nutritional problems, such as weight control and hyperactivity are also discussed.

DISTRIBUTED BY: Communications in Learning
2280 Main Street
Buffalo, New York 14214

In Toronto Call (416)964-7411

DIFFERENT WAYS TO PREPARE POTATOES USING ONE HAND
College of Home Economics, Colorado State University, [196?]
1 film reel (9min.): si., bw; 16 mm.
Purchase $150.00 Rent $20.00

Demonstrates preparing potatoes using one hand, with emphasis on time and energy required.

DISTRIBUTED BY: Audio Visual Service
Colorado State University
Fort Collins, Colorado 80521

HELP FOR MARK
Prentice-Hall, 1970
1 film reel (17 min.): sd., col.; 16mm.
Purchase $375.00 Rent $25.00

Explains and illustrates behaviour modification techniques which can be used to teach self-sufficiency skills to mentally retarded children. Good coverage on self-feeding and dressing skills.

DISTRIBUTED BY: Marlin Motion Pictures Ltd.
47 Lakeshore Road East
Mississauga, Ontario L5G 1C9

A HOME DESIGNED FOR ACTIVE LIVES IN WHEELCHAIRS
College of Home Economics, Colorado State University, [196?]
1 film reel (10 min.): si., col.; 16 mm.
Note: Available as 42 slides
Purchase $150.00 (film) Rent $20.00 (film); $10.00 (slides)

Details a home designed and built by a polio couple who have a small child. Emphasis is on the kitchen.

DISTRIBUTED BY: Audio Visual Service
Colorado State University
Fort Collins, Colorado 80521

THE HOMEMAKER WITH ARTHRITIS
New York University, 1968
1 film reel (28 min.): sd., col.; 16 mm.
Purchase $265.00 Available on free loan

A homemaker with severe rheumatoid arthritis demonstrates how careful planning and the use of learned techniques allows her to independently care for her family. Shows handling of packages, appliances, mixing and cutting and transporting objects to different work areas.

FOR PURCHASE: New York University Medical Center
Audiovisual Center
550 First Avenue
New York, New York 10016

FOR FREE LOAN: National Medical Audiovisual Center
Station K
Atlanta, Georgia 30324

THE HOMEMAKER WITH INCOORDINATION
New York University, 1968
1 film reel (28 min.): sd., col.; 16 mm.
Purchase $265.00

The film shows a cerebral palsied homemaker using techniques for meal preparation. Includes planning a dinner party, shopping, preparing foods, handling appliances and containers, setting the table and serving, and clean-up. Care in selection and use of equipment is stressed.

DISTRIBUTED BY: New York University Medical Center
Audiovisual Department
550 First Avenue
New York, New York 10016

THE HOMEMAKER WITH THE USE OF ONE HAND
New York University, 1968
1 film reel (28 min.): sd., col.; 16 mm.
Purchase $265.00

Shows techniques used in meal preparation by a hemiplegic homemaker. Includes sequences on handling food packages, appliances, range top cooking, kitchen clean-up and serving food. Also has sequences demonstrating retraining at The Institute of Rehabilitation Medicine,

DISTRIBUTED BY: New York University Medical Center
Audiovisual Department
550 First Avenue
New York, New York 10016

THE HOMEMAKER WITH WEAK UPPER EXTREMITIES
New York University, 1968
1 film reel (28 min.): sd., col.; 16 mm.
Purchase $265.00

This film details methods and equipment used by a college-age quadriplegic who lives independently in his own apartment. Includes handling food containers, appliances, cutting, kitchen utensils, clean-up and eating.

DISTRIBUTED BY: New York University Medical Center
Audiovisual Department
550 First Avenue
New York, New York 10016

NURSING THE MENTALLY RETARDED CHILD
Atkinson Charitable Foundation, 1979
1 film reel (30 min.): sd., col.; 16 mm.
Purchase $375.00 Rent $40.00

One of a series of films presenting guidelines for nursing mentally retarded people. In this film, there is some dialogue on prevention of mental retardation through nutrition. Mental retardation is explained and defined, and assessment is illustrated.

DISTRIBUTED BY: Kinetic Film Enterprises Ltd.
781 Gerrard Street East
Toronto, Ontario M4M 1Y5

NURSING THE MENTALLY RETARDED INFANT
Atkinson Charitable Foundation, 1979
1 film reel (30 min.): sd., col.; 16 mm.
Purchase $375 Rent $40.00

Emphasis is on the nurse's role in diagnosis and remediation. Causes of mental retardation are discussed, and prevention through good pre-natal care is stressed.

DISTRIBUTED BY: Kinetic Film Enterprises Ltd.
781 Gerrard Street East
Toronto, Ontario M4M 1Y5

PARENTS AND CHILDREN - IF ONLY WE COULD TEACH THEM TOO...
BBC, 1976
1 film reel (25 min.): sd., col.; 16 mm.
Purchase $450.00 Rent $50.00

Illustrates behaviour modification techniques parents may use to teach their children various activities. Filmed in an experimental workshop, it depicts some of the difficulties faced by parents of mentally handicapped children. Some time is devoted to specific feeding problems.

DISTRIBUTED BY: BBC Film Sales
Manulife Centre
55 Bloor Street W., Suite 1220
Toronto, Ontario M4W 1A5

POPPE PROJECT: BEHAVIOUR SHAPING WITH THE SEVERELY RETARDED
Extension Media Center, 1967
1 film reel (23 min.): sd., bw; 16 mm.
Purchase $267.00 Rent $21.00

Operant conditioning techniques were used to shape behaviour in self-sufficiency skills (eating, dressing, group interaction, etc.). Emphasis is on mealtime behaviour.

DISTRIBUTED BY: International Telefilms Enterprises
47 Densley Avenue
Toronto, Ontario M6M 5A8

QUIET VICTORY
A. Galbraith, 1967
1 film reel (32 min.): sd., col.; 16 mm.
Available on free loan; not for purchase

This presentation describes and dramatizes case histories of diabetic patients to emphasize the role of the nurse in the detection centre, outpatient department, school, doctor's office, hospital, and home.

DISTRIBUTED BY: National Medical Audiovisual Center
Station K
Atlanta, Georgia 30324

RESEARCH AND THE HANDICAPPED HOMEMAKER
New York University, 1968
1 film reel (43 min.): sd., col.; 16 mm.
Purchase $290.00

The film explores three areas in which research has been done: retraining of handicapped homemakers; kitchen and home planning; and the handicapped as consumers. The kitchen and home planning sequences demonstrates a quadriplegic at the rehabilitation center working with a home planning consultant.

DISTRIBUTED BY: New York University Medical Center
Audiovisual Department
550 First Avenue
New York, New York 10016

THE SWEDISH FOKUS
John Miller, 1975
1 film reel (25 min.): sd., col.; 16 mm.
Purchase $535.00 Rent $35.00

Filmed in Taby, Sweden, this film depicts a model community where enlightened attitudes towards handicapped persons allows for easier integration into society. Some footage is on adapted kitchens and shopping facilities.

DISTRIBUTED BY: International Telefilm Enterprises
47 Densley Avenue
Toronto, Ontario M6M 5A8

THIS KITCHEN SAYS, "PLEASE BE SEATED"
College of Home Economics, Colorado State University, [196?]
1 film reel (9 min.): si., col.; 16 mm.
Note: available as 32 slides
Purchase $150.00 (film) Rent $20.00 (film); $10.00(slides)

Shows a clinic kitchen designed for teaching students and handicapped homemakers how to adapt standard units to facilitate food preparation. Film shows a preparation of a meal from the kitchen in a wheelchair.

DISTRIBUTED BY: Audio Visual Service
Colorado State University
Fort Collins, Colorado 80521

WHERE THERE'S A WILL
University of Conneticut, 1957
1 film reel (22 min.): sd., col.; 16 mm.
Available on free loan.

Introduction by Lillian Galbreth. Illustrates handicapped housewives performing normal household duties. Although the production is dated, suggestions are relevant. Emphasis is on kitchen skills.

DISTRIBUTED BY: Canadian Film Institute
303 Richmond Road
Ottawa, Ontario K1Z 6X3

WHERE THERE'S A WILL
U.S. Department of Health, Education and Welfare, 1969
1 film reel (28 min.): sd., col.; 16 mm.
Purchase $277.00 Rent $25.00

Features a disabled veteran with artificial hands demonstrating his hobby of cooking. Two disabled housewives demonstrate how a handicapped person can manage a home.

DISTRIBUTED BY: Distribution Branch
National Audiovisual Center
8750 Edgeworth Driveworth Drive
Washington, D.C. 20409

YOUNG CHILDREN WITH SPECIAL NEEDS
PROGRAM 10 - SELF HELP SKILLS, 1978.
1 videocassette (25 min.): sd., col.; 3/4 in.
Purchase $3018.95 for series

Part of a series on exceptional children, this program concentrates on acquiring certain self-help skills including self-feeding, dressing, and toilet training. Demonstrates homemade aids for facilitating self-feeding.

DISTRIBUTED BY: Bell and Howell Limited
230 Barmac Drive
Weston, Ontario M9L 2X5

YOUNG CHILDREN WITH SPECIAL NEEDS
PROGRAM 14 - HEALTH-SAFETY-NUTRITION, 1978.
1 videocassette (25 min.): sd., col.; 3/4 in.
Purchase $3018.95 for the series

Concerned with practices that are appropriate in the care of all young children but especially important for handicapped children, because of their limitations.

DISTRIBUTED BY: Bell and Howell Ltd.
230 Barmac Drive
Weston, Ontario M9L 2X5

Part III

ORGANIZATIONS

ORGANIZATIONS

Health agencies; private associations;
government agencies

The following is a list of organizations, agencies and associations from which we obtained information for this bibliography. Many of these groups publish pamphlets, booklets, and fact sheets for professional or public education. Regular journals and/or newsletters are noted. The list is divided into two sections: Canada and the United States.

CANADA:

THE ARTHRITIS SOCIETY
920 Yonge Street, Suite 420
Toronto, Ontario M4W 3J7

This organization is a voluntary health agency devoted to acquiring and distributing information about arthritis and assisting professionals to improve the quality of care for arthritis sufferers.

CANADIAN ASSOCIATION FOR THE MENTALLY RETARDED
Kinsmen NIMR Building
York University Campus
4700 Keele Street
Downsview, Ontario M3J 1P3

A private, voluntary citizen action group which promotes the welfare of mentally retarded persons. Three major national operations include National Office, The National Institute on Mental Retardation (NIMR), and Institut National Canadien-Français pour la Déficience Mentale (INCF). Has affiliated regional and municipal associations.

CANADIAN CLEFT LIP AND PALATE FAMILY ASSOCIATION
170 Elizabeth Street, Suite 649
Toronto, Ontario M5G 1E8

This non-profit organization provides assistance and encouragement to those with cleft lip and palate and to their parents. It also publishes information about this disability and seeks to educate the public. Some publications available in French, Italian.

CANADIAN CYSTIC FIBROSIS FOUNDATION
161 Eglington Avenue East, Suite 503
Toronto, Ontario M4P 1J5

A voluntary health agency whose objective is to aid those with cystic fibrosis by conducting research, promoting public awareness, and ensuring that patient services are adequate. PUBLICATIONS: Newsletter, quarterly.

CANADIAN DEAF-BLIND AND RUBELLA ASSOCIATION
7 Amarillo Drive
Scarborough, Ontario M1J 2P7

This organization provides direct assistance to the deaf-blind through pilot projects, funds and workshops. Public education and backing supportive legislation are additional activities of the association.

CANADIAN DIABETIC ASSOCIATION
1491 Yonge Street
Toronto, Ontario M4T 1Z5

This organization provides programs to those with diabetes including summer camps for children and assistance in problems such as employment, insurance and emergency aid. PUBLICATIONS: Diabetes Dialogue, quarterly; Beta Release, quarterly.

CANADIAN HEMOPHILIA SOCIETY
Chedoke Center, Patterson Building
P.O. Box 2085
Hamilton, Ontario L8N 3R5

The objectives of this society are to ensure that adequate supplies of blood products are available to hemophiliacs, to council on preventative care, to promote research, and to educate the public and professionals. PUBLICATIONS: Hemophilia Today, quarterly.

THE CANADIAN NATIONAL INSTITUTE FOR THE BLIND
1929 Bayview Avenue
Toronto, Ontario M4G 3E8

Provides rehabilitative and support services to visually impaired individuals. Offers programs to assist the newly blind in adjusting. Other programs develop public awareness, and educate the public on sight conservation and prevention of blindness. Also supplies cooking aids for registered members. PUBLICATIONS: The VIP Chronicle, quarterly.

CANADIAN PARAPLEGIC ASSOCIATION
520 Sutherland Drive
Toronto, Ontario M4G 3V9

This association provides rehabilitation services, vocational counselling and job placement for paraplegic and quadriplegic patients. Researches treatment techniques and provides teaching facilities for medical students and others. PUBLICATIONS: Caliper, quarterly.

CANADIAN REHABILITATION COUNCIL FOR THE DISABLED
1 Yonge Street, Suite 2110
Toronto, Ontario M5E 1E5

CRCD works with governments and other associations to meet the needs of the physically disabled. The council coordinates medical, social, vocational and educational rehabilitation services available to physically disabled people. Lending library has films, special reports, etc. PUBLICATIONS: Rehabilitation Digest, quarterly; Access, quarterly newsletter.

CENTRE FOR THE STUDY OF MENTAL RETARDATION
University of Alberta
Edmonton, Alberta T6C 2E2

The centre encourages research into the problems of intellectual subnormality. Some of the activities include demonstration projects and the development of model remediation programs for children with intellectual and behaviour problems, clinical service, and public education. PUBLICATIONS: Mental Retardation Bulletin, quarterly.

COMMUNITY OCCUPATIONAL THERAPY ASSOCIATES (COTA)
194 Wilson Avenue, Suite 201
Toronto, Ontario M5M 3A7

A non-profit health-care agency offering a variety of occupational therapy services to people in their homes in Metro Toronto. Emphasis is on increasing self-sufficiency in the home and in the community.

METROPOLITAN TORONTO ASSOCIATION FOR MENTALLY RETARDED
8 Spadina Road
Toronto, Ontario M5R 2S7

Provides a library information service. Services include preschool and public school education, home management programs, lists of family support organizations, residential services, vocational and industrial training and placement service, and recreation and camping facilities located in and around Toronto.

MINISTRY OF COMMUNITY AND SOCIAL SERVICES
110 Eglington Avenue West
Toronto, Ontario M4R 2C9

The Ministry provides counselling services, offers disability assessment services, provides funding for training programs and residences for the handicapped.

MULTIPLE SCLEROSIS SOCIETY OF CANADA
130 Bloor Street West
Toronto, Ontario M5S 1N5

This organization carries out research, generates public awareness and educates the public about multiple sclerosis. To its members, in-home service, family support programs and loans of equipment are provided. PUBLICATIONS: Newsletter, quarterly.

MUSCULAR DYSTROPHY ASSOCIATION OF CANADA
74 Victoria Street, Suite 1014
Toronto, Ontario M5C 2A5

The aim of this organization is to find a cure for muscular dystrophy and similar diseases. It finances research, operates diagnostic MD clinics, and supplies patients with aids and equipment. PUBLICATIONS: MDA News, biannual(?)

THE NATIONAL INSTITUTE ON MENTAL RETARDATION (NIMR)
Kinsmen NIMR Building
York University Campus
4700 Keele Street
Downsview, Ontario M3J 1P3

Sponsored by the Canadian Association for the Mentally Retarded, NIMR provides services for public and private organizations, governments, educational and research institutions and international agencies. It concentrates on research, training consultation, planning and all aspects of program development in mental retardation and related developmental handicaps.

ONTARIO ADVISORY COUNCIL ON THE PHYSICALLY HANDICAPPED
700 Bay Street, 3rd. Floor
Toronto, Ontario M5G 1Z6

Reviews government policies and programs affecting the physically disabled. Promotes the development and creation of self-help opportunities for the physically handicapped.

ONTARIO ASSOCIATION FOR THE MENTALLY RETARDED
1376 Bayview Avenue
Toronto, Ontario M4G 3A3

This organization provides a wide range of services for the mentally retarded. It also encourages research, promotes public understanding, and trains personnel to work with the retarded.

ONTARIO CRIPPLED CHILDREN'S CENTRE
350 Rumsey Road
Toronto, Ontario M4G 1R8

An active rehabilitation hospital caring for physically handicapped children and young adults. Provides treatment, education and training programs.

THE ONTARIO FEDERATION FOR THE CEREBRAL PALSIED
P.O. Box 330
Markham, Ontario

This organization provides assistance to those with any type of physical disablility. Their objectives are to collect and study information on the needs of the physically handicapped, work in cooperation with other organizations for the disabled and serve the physically handicapped.

THE ONTARIO FEDERATION FOR THE PHYSICALLY HANDICAPPED
90 Thorncliffe Park Drive
Toronto, Ontario M4H 1M5

Represents physically handicapped individuals and groups working with the disabled across Ontario. Its aim is to assist these groups in achieving the best possible lifestyle for the physically handicapped. The OFPH provides a forum to its member groups enabling them to communicate with one another, with the public and with the government.

ONTARIO HEART FOUNDATION
576 Church Street
Toronto, Ontario M4Y 2S1

Provides funding for cardiovascular research. Additional activities include public and professional education and supplying current information about heart attacks, strokes, and cardiovascular disease.

ONTARIO MARCH OF DIMES
90 Thorncliffe Park Drive
Toronto, Ontario M4H 1M5

This organization offers many programs and services to the disabled adult population of Ontario. It provides personal support services, a camping program, rehabilitation, employment, community development, and research.

ONTARIO SOCIETY FOR AUTISTIC CHILDREN
4800 Dundas Street West
Islington, Ontario M9A 1B1

Provides information through a referral service for interested persons. It also promotes research, education, and services for autistic people.

PARENTS TO PARENTS
10 Trinity Square
Toronto, Ontario M5G 1B1

Sponsored by the Spina Bifida and Hydrocephalus Association of Ontario, volunteers who are parents of children with SB and/or H share experiences, information, and give moral support to parents of newborn babies.

THE PARKINSON FOUNDATION OF CANADA
Manulife Centre
55 Bloor Street West, Suite 232
Toronto, Ontario M4W 1A5

A non-profit, volunteer organization, dedicated to finding either a cure or a treatment for Parkinson's disease. Local chapters organize social activities and community education projects. Distributes information on Parkinson's Disease.

REHABILITATION INSTITUTE OF OTTAWA
403-885 Meadowlands Drive
Ottawa, Ontario K2C 3N2

A voluntary organization involved in the non-medical areas of rehabilitation. Activities include operating an information service, promoting a specialized transportation service and providing housing for the disabled.

SPINA BIFIDA AND HYDROCEPHALUS ASSOCIATION OF ONTARIO
10 Trinity Square
Toronto, Ontario M5G 1B1

This association, formed by a group of concerned parents, promotes the welfare of persons with spina bifida and hydrocephalus, funds research, and tries to increase public awareness and acceptance of this handicap.

TECHNICAL AIDS AND SYSTEMS FOR THE HANDICAPPED INC.
c/o Sunnybrook Medical Center
2075 Bayview Avenue
Toronto, Ontario M4N 3M5

A non-profit organization that markets, services and encourages Canadian manufacture of aids to the handicapped which are unavailable through other means.

ORGANIZATIONS

Health agencies; private associations;
government agencies

UNITED STATES:

AMERICAN FOUNDATION OF THE BLIND
15 West 16th Street
New York, New York 10011

This non-profit agency funds research, collects and distributes information, and provides other services to the blind, such as selling aids at cost price and loaning "talking books". PUBLICATIONS: Journal of Visual Impairment and Blindness (braille, recorded, ink print), 10/yr.; Washington Report, 6/yr.; Newsletter (braille, ink), quarterly; Directory of Agencies Serving the Visually Handicapped in the U.S., biennial.

ARTHRITIS FOUNDATION
3400 Peachtree Road, N.E., Suite 1101
Atlanta, Georgia 30326

A voluntary health association that provides patient services to people with arthritis, supports research and professional training, and keeps the public and professionals informed about arthritis. PUBLICATIONS: Arthritis and Rheumatism, monthly; Bulletin on Rheumatic Diseases, 9/yr.; Challenge, quarterly; Index of Rheumatology, annual.

AMERICAN OCCUPATIONAL THERAPY ASSOCIATION
6000 Executive Blvd.
Rockville, Maryland 20852

This health care agency publishes a vast amount of literature and issues audio-visual materials on many topics of interest to occupational therapists. PUBLICATIONS: American Journal of Occupational Therapy (AJOT), monthly.

THE ASSOCIATION FOR THE SEVERELY HANDICAPPED
1600 West Armory Way
Seattle, Washington 98119

This non-profit organization works towards making high-quality education and rehabilitation services available to severely handicapped persons of all ages. They also make research findings available.

BUREAU OF COMMUNITY HEALTH SERVICES
Health Services Administration
Public Health Service
U.S. Department of Health, Education, and Welfare
Rockville, Maryland 20857

Bureau of Community Health Services is an arm of the Public Health Service directly involved with delivery of health care. The Bureau administers programs that serve people with special health needs, as well as those who have difficulty obtaining health care because of low income or geographic location.

FEDERATION OF THE HANDICAPPED
211 West 14th Street
New York, New York 10011

A voluntary, non-profit organization which provides a wide range of vocational rehabilitation and related support services for adults with physical, emotional and mental handicaps.

INFORMATION CENTER FOR INDIVIDUALS WITH DISABILITIES
20 Providence Street, Room 329
Boston, Massachusetts 02116

This non-profit organization provides information in many areas and lists local, state and federal resources. Provides a series of comprehensive fact sheets dealing with more common problems faced by the disabled. PUBLICATIONS: Together, News for the Rehabilitation Community, monthly newsletter.

INSTITUTE OF REHABILITATION MEDICINE
New York University Medical Center
400 East 34th Street
New York, New York 10016

The Institute's goal is to return people to the most normal life possible. Several publications on a variety of topics are available.

MUSCULAR DYSTROPHY ASSOCIATION
810 Seventh Avenue
New York, New York 10019

A voluntary health agency offering free medical services to people with neuromuscular disease. Also carries out research programs, and conducts educational programs for the public and for medical professionals. PUBLICATIONS: MDA Abstracts, bimonthly; MDA News, bimonthly.

NATIONAL ASSOCIATION OF THE PHYSICALLY HANDICAPPED INC.
76 Elm Street
London, Ohio 43140

A voluntary, independent, self-help action group for both handicapped and non-handicapped adults. Its goal is to make the public aware of the needs of the physically disabled, which is done largely by supporting legislation to benefit the handicapped. Local chapters provide social and recreational activities. PUBLICATIONS: National Newsletter, quarterly.

NATIONAL EASTER SEAL SOCIETY
2023 West Ogden Avenue
Chicago, Illinois 60612

This society provides rehabilitative and educational services to the disabled. They work to increase public awareness of the disabled and finance research. PUBLICATIONS: Rehabilitation Literature, monthly; Easter Seal Communicator, 6/yr.

NATIONAL FEDERATION OF THE BLIND
1800 Johnson Street
Baltimore, Maryland 21230

This organization educates the general public about the blind, counsels families of the blind and provides assistance and information to blind people. PUBLICATIONS: Braille Monitor,monthly.

NATIONAL INSTITUTE OF CHILD HEALTH AND HUMAN DEVELOPMENT
U.S. Department of Health, Education and Welfare
Public Health Service
Bethesda, Maryland 20205

The Institute emphasizes primary prevention, ie., early intervention, before the onset of disease. The Institute supports research studies and publishes information.

NATIONAL SOCIETY FOR AUTISTIC CHILDREN
1234 Massachusetts Avenue, N.W.
Washington, D.C. 20005

This organization acts as a national advocacy centre serving people with autism and their families. Provides counselling education, specialized camps, group homes, and vocational placement. PUBLICATIONS: Newsletter, bimonthly; National Directory of Services and Programs for Autistic Children.

NATIONAL SOCIETY TO PREVENT BLINDNESS
79 Madison Avenue
New York, New York 10016

A voluntary health agency that works to prevent blindness through research, community programs, and public and professional education. PUBLICATIONS: The News, quarterly; Sight-Saving Review, quarterly; Wise Owl News, quarterly.

SISTER KENNY INSTITUTE
Chicago Avenue at 27th Street
Minneapolis, Minnesota 55407

This organization, which works in cooperation with the Abbott-Northwestern Hospital, offers care and rehabilitation of physically disabled persons. The clinical services available include physical and occupational therapy, speech therapy, social services and psychological services.

UNITED CEREBRAL PALSY ASSOCIATION, INC.
66 East 34th Street
New York, New York 10016

A voluntary organization for persons with cerebral palsy and other disabilities. It provides a variety of community services, supports research, and conducts programs to educate the public and train professionls. PUBLICATIONS: Word from Washington, monthly; UCP Crusader, quarterly.

UNITED OSTOMY ASSOCIATION, INC.
2001 West Beverly Boulevard
Los Angeles, California 90057

This organization assists the ostomy patient through education in proper care and management. It also educates the public about ostomy and assists in the improvement of ostomy equipment. PUBLICATIONS: Ostomy Quarterly.

Part IV

EQUIPMENT SUPPLIERS

EQUIPMENT SUPPLIERS

Eating; drinking; food preparation aids and devices

AMERICAN FOUNDATION FOR THE BLIND
15 West 16th Street
New York, New York 10011

Has a collection of small kitchen appliances to facilitate food preparation.

AMERICAN HOSPITAL SUPPLY
Division of McGraw Supply Ltd.
1076 Lakeshore Road East
Mississauga, Ontario L5E 3B6

Supplies two items that are suited to the disabled: an Inner Lip Plate and a "Wonder-Flo" drinking cup.

BAMFORD REGIS LTD.
505 Kent Street
Ottawa, Ontario K2P 2B8

Supplies an adjuster tray that fits across a wheelchair for meals.

CARDON REHABILITATION PRODUCTS
3206 Wharton Way
Mississauga, Ontario L4X 2C1

Supplies utensils, dishes, cups and cooking aids for the disabled. Carries Fred Sammons products.

CARECO EQUIPMENT INC.
66 Commerce Street
Thornwood, New York 10594

Supplies the Fred Sammons line of eating and homemaking aids. Included are: cutlery, cups, plates, knives, cerebral palsy feeder, and bibs.

CONVAL-AID
853 Boyd Avenue
Ottawa, Ontario K2A 2C9

Carries some eating aids from Fred Sammons and Carter Rehab product lines. In addition, sells and rents Everest and Jennings and Lumex convalescent products.

DONCASTER MEDICAL
140 Doncaster Avenue
Thornhill, Ontario L3T 1L3

Supplies various eating and kitchen aids including stove knob turners, utensils, plate guards, etc.

FRED SAMMONS, INC.
Box 32
Brookfield, Illinois 60513

Supplies various eating and homemaking aids for the disabled. Line of products include: eating and cooking utensils, cups, plates, cutting boards, pan holders, mixing bowls, etc. Sells to professionals only.
Canadian Distributors: Service Orthopedie
610 King Est.
Sherbrooke, Quebec J1G 1B8

G.A. Ingram Co. Ltd.
1374 Ouellette Avenue
Windsor, Ontario N8X 1J9

Mallery Drug Company, Ltd.
273 Victoria Street
Kamloops, B.C. V2C 2A1

Therapy Supplies and Rentals Co., Ltd.
128 Sunrise Avenue
Toronto, Ontario M4A 1B5

Mid-Canada Medical
1270 Crestlawn Drive
Mississauga, Ontario L4W 1A6

Cardon Rehabilitation Products
3206 Wharton Way
Mississauga, Ontario L4X 1C1

HEALTH DIMENSIONS LTD.
Commerce City
2222 South Sheridan Way
Mississauga, Ontario L5J 2M4

Supplies the Posey Spoon Holder, for those without hand grip.

J.A. PRESTON OF CANADA, LTD.
3220 Wharton Way
Mississauga, Ontario L4X 2C1

Supplies utensils, dishes, cups, suction bases, trays, automatic feeding devices, cerebral palsy feeders and plate guards.

KAGLE SURGICAL SUPPLY CO.
4422 Bronx Blvd.
Bronx, New York 10470

Supplies eating and food preparation aids such as utensils, tableware, potato peeler, pan holder, cutting board, etc.

MEDICAL MART SUPPLIES LTD.
1310 Dundas Street East
Mississauga, Ontario M4M 1S5

Supplies eating utensils (forks and knives) and plate guards.

MID-CANADA MEDICAL
1230 Crestlawn Dr.
Mississauga, Ontario L4W 1A6

Supplies cups, utensils, and other tableware as well as many other aids used in daily living. Carries Fred Sammons products, aids for eating, dressing, etc.

ONTARIO MEDICAL SUPPLY
118 Clarence Street
Ottawa, Ontario K1N 5P6

Carries limited eating aids, (cutlery, dishes, cups, etc. Other aids can be ordered.)

ORTHOPEDIC EQUIPMENT CO. (CANADA) LTD.
1011 Haultain Court
Mississauga, Ontario L4W 1W1

Supplies various self-help aids for the disabled. Eating aids include nelson knife, dina fork, food guards and plate holder.

REHABILITATION CANADA
3206 Wharton Way
Cooksville, Ontario L4X 2C1

Carries the complete Sammons line in addition to other companies'. Has various aids for eating, food preparation.

STARKMAN SURGICAL SUPPLIES
1240 Bathurst Street
Toronto, Ontario M5R 3H4

Has utensils, feeding cups, and plate guards.

THERAPY SUPPLIES AND RENTAL LTD.
128 Sunrise Avenue
Toronto, Ontario M4A 1B5

Supplies various homemaking and eating aids from the Fred Sammons line of products. Included are utensils, aprons, holders, supports, cups, food guards, knives, lip openers, graters, pan holders, etc.